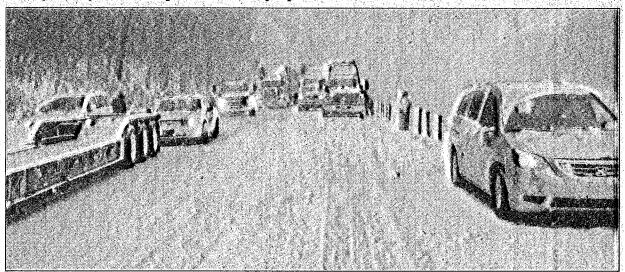
Serving Rockcastle County Since 1887

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Anoughy, Estaphy 16, 2016.

A 10-car crash on I-75 Sunday evening caused the close of Interstate 75 for the third time in less than a month. Though no injuries were reported, police and rescue workers spent Sunday evening clearing the wreckage for motorists traveling north. Shown above are some of the damaged cars which blocked the highway as traffic backed up for several miles. The photo below shows rescue workers attempting to reach the accident victims as snow continued to fall. According to local weatherman Buddy Cox, 3-1/2 inches of snow fell in Rockcastle County Sunday while other parts of the county reported as much as six inches.



No Spring Break in Rockcastle Co.

By: Mike French There will be no Spring Break at Rockcastle County

Schools this year. A Spring Break was

By Mike French

can Caucus is scheduled to

be held March 5th at Rock-

castle County Middle

School. However, many

Republicans are confused

about the caucus and how it

works since this is

Kentucky's first ever Presi-

seen on television about the

caucus in Iowa. Our caucus

"Forget what you have

dential Caucus.

The upcoming Republi-

calendar, according to Becky Isaacs, Director of Student Personnel, but could have been added to the calendar if less than 10 never a part of the school days of school were missed.

as a Republican as of De-

cember 31, 2015, may come

to the caucus, vote and

leave. Unlike the Iowa cau-

cus where voters visit

booths and talk with repre-

sentatives of the candidates,

local voters can vote at this

"We don't include a Spring Break in our school calendar. If we get through without missing ten days of school, then we suggest a Spring Break to the school

Rockcastle Republican caucus to be as simple as normal vote

caucus just as easily as a is nothing like those at all," said Doris Cromer, Rockregular election. "We have done everycastle County Republican thing we can to make this a party Chairman. simple, speedy process for According to Cromer, all voters," said Cromer.
"It's a paper ballot and reganyone who was registered

> they want." Cromer says there are many benefits to holding the caucus instead of the regular election, but the biggest advantage is that local vot-

> istered Republicans can

walk in, vote and leave if

(See "Caucus" on A7)

board to be added to the calendar," said Isaacs.

However, since there have already been 13 missed school days, she will not include a Spring Break in the amended calendar to be presented to the board for approval.

"The board has total control of the school calendar and we propose the calendar and the board approves it or makes changes. However, if we proposed a spring break now, kids would be in school into June," said Isaacs.

As it stands now (Wednesday Feb. 17), the last day of school on the proposed calendar will be May 26th and there will be no Spring Break, if the board approves the proposed calendar.

Had there been no school days missed, the last day would have been May 6th.

____ Large supply of salt fading County hit with another snowfall

By: Mike French

Once again Rockcastle County was hit with a snow storm and freezing temperatures, causing accidents and cancelled schools. According to local weather man Buddy Cox, Sunday's snowfall this week measured 3-1/2 inches and then Tuesday another snow storm hit the area leaving another 1-1/2 to 2 inches on the ground. Some areas in the county reported as much as six inches.

In the last storm, that dropped 18 inches of snow in the county, Judge/Executive Doug Bishop said well over 40 pieces of equipment were used in trying to keep the roads passable and help stranded peòple. Of those units, 14 were county owned.

However, the huge supply of salt that the countyhad on hand, and in reserve, was completely used up during the massive storm three weeks ago. Fortunately, Bishop said the Road Department received an additional 100 tons of salt just before this week's snow

"We are trying to keep ahead of the snow and ice and we order more salt as soon as we see we are going to need more," said Bishop. "But these storms are hard hitting and last for several days. We've almost used the extra 100 tons already and we are still out there fighting the ice."

storm is difficult to keep up with since the snow falls one day and rain the next and then more snow. The alternating pattern causes constant work because the snow isn't falling on the salt. Instead, the salt is washed away by the rain and ther more snow falls that must be treated.

As usual, there were a lot of wrecks throughout the county during this recent snowfall, including two or I-75 in Rockcastle County that blocked the highway for several hours.

Sheriff Mike Peters saic there were several calls of vehicles that had slid off the road. "We could avoid a lot of this problem if people would take heed and stay off the snow covered roads. But common sense is like the nickle candy bar - long gone.

Roads were covered several days this week and Peters said there is almost always wrecks when snow falls.

Emergency crews were called to a house fire alarm on Red Hill Road Monday and three emergency service vehicles became stuck at the scene. State road crews were called to assist the first responders and scrape the roac and help get the vehicles

The snow is expected to end today (Thursday) and temperatures are expected to rise. Some weather forecasters are suggesting this coulc Officials say the recent be the last blast of winter.

Elderly woman's home robbed of guns during husband's funeral

By: Mike French While she was at her husband's funeral, the home of Lena Marie Melcher was

broken into and robbed last week, according to Sheriff Mike Peters.

After 62 years of marriage, Lena's husband William (Bill) Melcher, 81, passed away on February 8, and his funeral was Thursday, February 11.

Melcher was a wellknown man in the county as he worked as a custodian

and drove a school bus for RCHS for many years. He was also a longtime member of the Brodhead Baptist Church and was popular throughout the community.

While attending her husband's funeral, police say one or more people kicked the door in on the Melcher home and took firearms that were in the house.

"This is becoming a

(See "Robbed" on A7)

Two arrested with meth, other drugs

By: Mike French Rockeastle County Sheriff's Deputy Matt Bryant arrested Dewey Lunce, 30, of Casey County, and Angela McCurdy, 22, also of Casey County, last week on several charges.

According to Bryant, Lunce was charged with DUI/drugs, no operator's license, possession of meth, possession of marijuana,

failure to use child safety restraints and wanton endangerment first degree. Bryant said the endangerment charge came because Lunce was driving under the influence of methamphetamine while transporting his and McCurdy's three-year-old daughter and one-year-old

McCurdy was charged (See "Meth" on A7)

SAFE helps stranded **Kentucky motorists**

By: Mike French Stranded motorists in Kentucky have had a little help over the past two years since the Safety Assistance for Freeway Emergencies (SAFE) Program was

According to Amber Hale, Information Officer

with the Kentucky Trans-

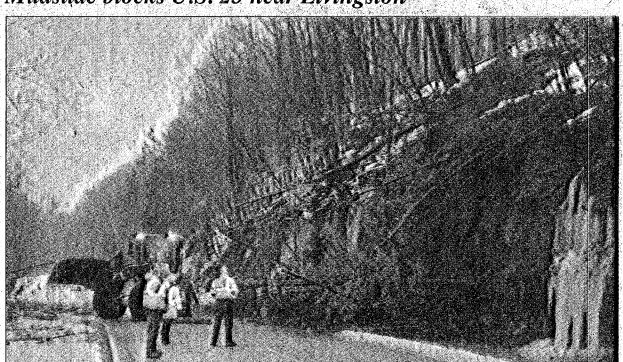
portation Cabinet, the pro-

gram has already proven to be a great help to those in

"The program has trucks running routes and helping people who are stranded or broken down and has proven to be a huge help to many people," said Hale.

The trucks carry the flashing arrow sign and can (See "SAFE" on A7)

Mudslide blocks U.S. 25 near Livingston



Workers for the Kentucky Transportation Cabinet were called to a mudslide on U.S. Highway 25 south Wednesday morning near Livingston as relentless snow, ice and rain caused mud and rocks to loosen throughout Kentucky. According to Amber Hale, Information Officer of the KTC, the extra weight of the ice and snow on the already wet ground can cause sudden mudslides such as this. The slide let trees fall from the banks and on to the roadway and mud and rocks were still falling as workers were trying to clear the highway. Workers expected to have the highway cleared by Wednesday afternoon.

Of Special Note Inside

• Classifieds......Pgs. B6 & 7 • ObituariesPg. A4

Contact us at: mysignal@windstream.net Deadline submission is Noon Tuesday

• Viewpoints......Pg. A2 • Courthouse News......Pg. B2

• Church NewsPg. B3 • Sports.......Pg. A6

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Aces Over

By Mike French



As bad as I hate to say it, I am about to give up on the whole presidential/political process. It has become so completely fictitious that there is no way to know what is truth anymore.

Candidates on both side of the aisle have mastered the art of lying. If any of them were nearly as good at running a country as they are at manipulating the English language, we could have some really great people in office.

In every debate and every political ad, one candidate answers a question only to discover that it was a half truth later. But then, digging deeper, I find that even the information about the candidate lying was only a half truth.

I think Bill Clinton took lying for politicians to a new level when he started the whole "it depends on what your definition of 'is' is."

In my view, if you shoot someone and kill them, then you shot them and killed them. Sounds pretty simple. To a politician, you didn't shoot anyone (the gun did) and you didn't kill him (the lack of blood did). So they could stand on stage and swear they have never shot anyone with a straight face.

It's an amazing thing to

see how twisted and turned and manipulative these soundbite professionals can get.

It's as much the media's fault as anyone's. After every debate, or basically any comment from a politician, each media outlet has a spin on the comment the next day.

The wording used is almost funny. A candidate can say that he/she voted for a bill on a subject. Then you later discover that the candidate voted to NOT vote "no" and not pass the bill. Huh?

The next day some media outlets will report that candidate "x" voted in favor of the bill without mentioning that the vote was to NOT do something therefore voting against the subject.

And while we are on the subject, once it is discovered that a candidate just plain lied to the American people, why is that okay with those in that politician's party?

I belong to a specific party myself, but if my candidate lies, then I will admit he/she lied and there should be some retribution for lying to the people who elected you.

(Continued on A-3)

Points East

By Ike Adams



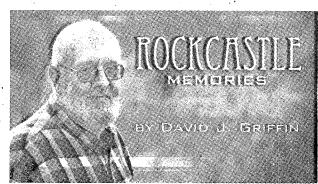
It's officially early afternoon on Valentine's Day, at this writing, but I have not gotten out, nor do I intend to get out to the fence row today and plant a row of sugar snap or mammoth melting sugar peas. I've been in touch with my brothers, Keeter and Steve, in Letcher County and they have, likewise, decided to call this coming Saturday Valentine's Day so that they can say they planted their early peas on the traditionally prescribed garden season starting date.

I believe that Keeterhas actually gone so far as to hide the heart-shaped box of Candy he intended to give Nancy this morning in

an attempt to postpone pea planting day and still justify a claim that he got them planted on time

them planted on time. I do know, for fact, however, that Keeter's father-in-law, the late Dock Mitchell, more than once planted Valentine's Day peas in weather conditions at least as bad, or muchworse, than the overcast and hard-frozen conditions that are prevailing today. If the ground was frozen too hard to dig. Dock has been known to run out and buy a few sacks of top soil back when the big box stores first started selling it in 50 pound plas-

(Continued on A-3)



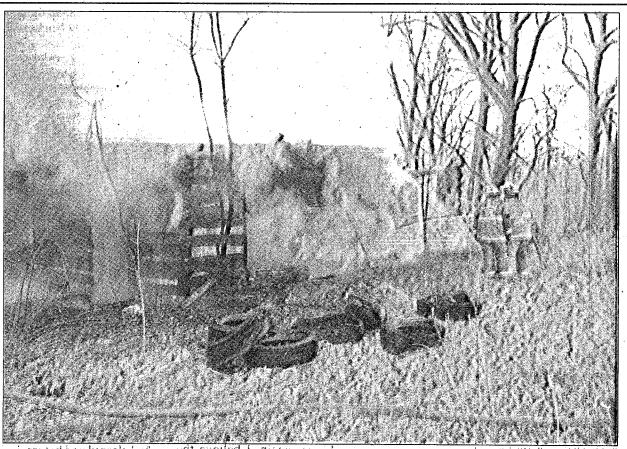
Roller Skating was great fun

A few months ago, Kathy and I were strolling through the local antique mall when I came across a table filled with mementos from the fifties. Immediately, I noticed a familiar item in the center of the table that took me back to my youth. It was a skate key, like the ones we used on our skates when I was a young boy.

My mother (Bee) bought me my first pair of skates as a gift for my seventh birthday. The skates were the type that were clamped onto our regular shoes by using a tool (or key) to adjust for the appropriate shoe size. I quickly became good at using the key to make my skates tight enough on my shoes so that I could practice my skills on old US 25, which ran in front of my house.

My best friend at the time was Kenneth Hansel. Kenneth was a very athletic young fellow, and he could skate better than any of my other friends. He and I travelled up and down old US 25 until you could almost see our skating tracks in the pavement. One day Kenneth decided that we should try to skate backwards. He actually took several days to practice this feat until he

(Continued on A-3)



The Climax Fire Department was called to a fire Monday morning on Clark Ridge Road. The log cabin was considered a total loss. According to reports, the home was not occupied and no injuries were reported. An investigation into the cause of the fire is ongoing. The Mount Vernon Fire Department provided backup with both equipment and manpower.

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Common Conditions

Upper Respiratory

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• Sore Throat/Strep

• Flu Diagnosis

• UTI/Bladder Infections

Eye infections/Pink Eye/Stye
Strains and Sprains

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Holiday Hoursi 10 a.m. = 4 p.m. (Good Friddy, Thanksglving, Christmas Eve, Christmas Day, and New Years' Day; All other halidays operate on normal hours.)



"Points East"

(Continued from A-2)

tic bags. He'dput his pea seeds on top of the icy soil and cover them with a couple or three inches of the dirt he'd just purchased. Don't laugh. It worked.

Keeter will vouch for the fact that Dock Mitchell was sometimes hoeing his peas before most people had even planted theirs.

When we very young school boys, Keeter and I sold garden seeds every spring for American Seed Company, based, at that time, in Lancaster, PA. We started when I was in third grade and he was in first and continued the enterprise until we had both completed the curriculumat Blair Branch Grade School. I'm guessing we walked at least 20 miles, maybe more, every spring and knocked on every door up and down the four hollers between the Jeremiah and Isom, Kentucky Post Offices.

We had regular, annual customers the entire lengths of Spring Branch, Doty Creek, Adams Branch and Blair Branch as well over a dozen families who lived out beside the main highway. We also learned, very early on, that we could sell far more seeds if there was a big snow on the ground, like the one that's supposed to hit tonight. It's a well known fact that people are more apt to have gardening on their minds when they're snowed in than they will when it's warm and dry enough outdoors to actually do some I gardening.

Very early in our seedselling careers we learned to accurately predict which households would purchase which varieties and how much they'd want. Darlene Blair and Vada Caudill, for example, had to have 7 top turnips, as opposed to regular curly or Florida (flat leafed) mustard. To this day I still have no idea why 7 top is called turnips when it doesn't even produce an edible root of top is grown solely for it leaves, hence the term "turnip greens" which, incidentally, do not taste much like the nearly identical-in-appearance leaves that grow on real tur-

We also knew not to order pea, bean, sweet corn, tomato and several other common garden vegetable seeds because most people saved their own from last year's crop or they wanted far more than the quantity than came in a little paper envelope.

Invariably, however, the company would stick half a dozen or more packs of peas in our order along with a note suggesting we must have overlooked them when we sent in our order. American Seed Company apparently believed that it was

sacrilegious to have a garden that did not include a row of their Thomas Laxton and/or Alaskan Bounty peas. They would also include a postage paid envelope so that we could send back anything that didn't

Then, one year, they sent a bunch of peas along with a note telling us to simply throw them away if they

If you had known our Mom, you would also know that she did not throw anything away and, if you know anything about peas, you would know that she should, indeed, have thrown away the Thomas Laxtons and Alaskans. Mom didn't realize that both varieties are strictly shell peas and that the hulls are inedible until after she'd grown them, broke up and cooked a big kettle full and discovered they were so tough the hogs couldn't eat them.

'No wonder they didn't want the seed back," she told me. "They ought to be ashamed of themselves for putting something that bad out on the public to begin with."

"Memories"

(Cont. from A2)

became very good at backward skating.

As soon as he felt comfortable, he took on the task of teaching me the challenging skill. Over and over, he held my shoulders and guided me as I practiced going backward on my skates. After a short few weeks, we both could skate backward for quite long distances. Little did I know that these skills would pay off when I was in high school and joined a skating club in

One of the things that

Berea, Kentucky.

Kenneth and I enjoyed was skating all the way down US 25 to the cemetery in town. The road was downhill for the two miles from our houses to the cemetery; therefore, we could make the journey with little or no effort on our parts. The difficult chore was to skate uphill to get back home.

Both Kenneth's mother and Bee made us promise that we would not make such a journey without letting them know our whereabouts. Kenneth and I knew that we should tell our mothers where we were at all times, but at times we just let our fun cloud our thinking – only noticing that we were almost to the cemetery before we even realized how far we had ventured.

One day Kenneth and I informed our mothers that we were going to skate to Mt. Vernon and that my grandfather (Pop) would bring us home in his '54 Chevy. They agreed and off we went on our adventure. Pop told us that he would be at the courthouse whenever we needed a ride back to the top of the hill. Of course we then took our time and played all the way down the road. When we walked up to the courthouse, Pop told us to get in the car and he

When he turned into the curve at the cemetery, I asked him to stop the car and let us skate home while holding onto the car door handles. That seemed like a good idea to me, but Pop hesitated. Finally, Kenneth and I coaxed him to drive slowly and let us skate home. It was a great idea that worked, and we had fun all the way home.

There was just one thing that we did not anticipate. Kenneth's mother saw Pop pulling two boys alongside his car, and she did not approve. She came out of the house hopping mad! She explained that either of us could have slipped and fallen under the car. Of course, that idea had not occurred to us at all. It was a very long time before she would again allow Kenneth to skate down to the cemetery. We did not think it through!

I loved skating and continued to skate until I was in college. It was a wonderful way to meet people and to have some good old clean fun. I will never forget the skates that Bee bought me and how they shaped my fun for years to come. What a cool way to pass the time!

(You can reach me at themtnman@att.net or you can drop me a line at 2167 Furnace Road - Stanton, KY 40380. I appreciate your comments and suggestions.)

"Aces"

(Continued from A-2)

What is the difference between a "lie" and a "mischaracterization?" I hear that every week. "Oh I wouldn't call it a 'lie' but of 'mischaracterization.'"

My problem is that once I hear a candidate tell people that they did something, and another candidate say "no he didn't do that," then I try to research the subject and find out who is lying. Clearly, one of them is.

However, the research doesn't help. The answers I get depend completely upon which source I use for research. By the time I find two or three sources, all of them disagree with each other and indicate that both candidates were lying.

Though I lean heavily (extremely heavily) towards one side of the aisle, I am beginning to think that we voters have no clue what any of the candidate would truly do if elected. They change their minds so often and say one thing while doing something else that I don't think I know what any of them really believe.

In the end, I am about convinced that no matter whom we elect, some of the stuff they are promising

McClure named to President's List

University of the Cumberlands nounced the students amed to the President's List for the 2015 fall semester.

The local honorees include Joseph McClure of Mount Vernon.

To be eligible students must have achieved a grade of "A" in convocation while maintaining a minimum grade point average of 4.00.

Subscribe to the Mount Vernon Signal Call (606) 256-2244 right now will turn out to be pure "mischaracterizations" and there will be absolutely nothing done about it.

We have candidates under FBI investigation, those accused of being non-citizens, those accused of going bankrupt, those accused of being wimps and most any other anti-American accusation that candidates can come up with.

I'm beginning to think they may all be true.

I waited for 40 years to have a president who has spent just a little time living paycheck to paycheck. Someone who would have some idea what it's really

like to stand in line at Kroger's like an ordinary citizen. Someone who had trouble making the electric bill one month.

But alas, only those with million-dollar bank accounts seem to be able to run for office. Oh they all claim to "know what it's like" but they don't. That's like saying you know how a drug addict feels. But unless you've been there, you just think you know.

Here's hoping that someday we will have a president that is honest (don't laugh, dreams do come true) and who really hasn't been rich all their life.

Stanley took me to the

London location of the

Golden Corral "for

Valentine's Day", he said.

I didn't care about the rea-

son, I would have gone to

celebrate Hitler's birthday

to eat prime rib, if neces-

PM, after the lunch crowd

had cleared and before the

dinner crowd arrived. I

went to the buffet to get

food, but there was no

We got there about 2:30



A Valentine's Day Surprise Dear Journal,

Well, here we are again...about to be snowed in for ain. few days. A big six to eight inch snow is expected tonight with the wind chill to be around zero or below. Our outside dogs will be spending a few days on the inside with us...again. I believe they

are sincerely grateful. I've noticed for the past several years, there is very bad weather on or around Valentine's Day. It's either a big snow storm or an ice storm. Why would this year be any different?

We, Stanley and I, decided several years ago not to make a big hoopla over Valentine's Day. We feel it's better to love, respect, and honor each other all of the days of the year.

As usual, we go out to eat several times on the weekends. I've been seeing the ads on TV about the Golden Corral having all you can eat prime rib available on the weekends. I'm a prime rib lover and I knew when I saw it advertised I had to go to the Golden Corral.

On Saturday afternoon

prime rib. It wasn't to be put out until 4 PM. I went back to the table rather disappointed but they don't know me...I'll wait.

would take us home.

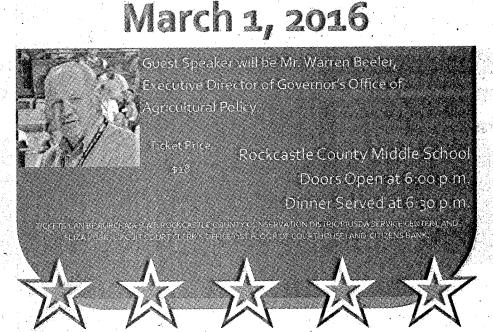
I was strolling along, going back to the table with a plate of goodies when it happened. Surprise! The unexpected, right there in the middle of the restaurant, in broad daylight, "in front of God and everybody". There was a man just ahead of me with a plate of food who lost his pants. What to do, what to do? I hadn't seen anything like this since I worked in the nursing home. He even had a "tramp stamp" tattoo on

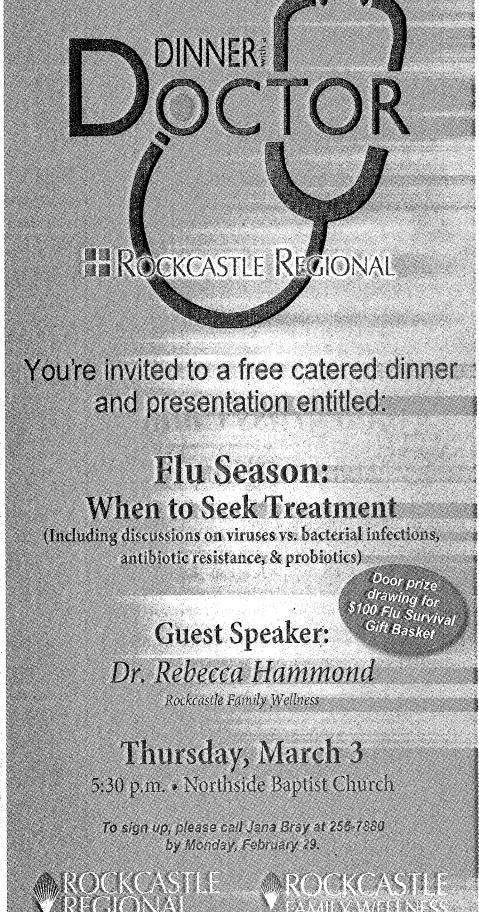
his rear. I've heard that "crack kills"-I didn't know it, but it can curb your appetite, too.

I stood there wondering if I should walk on past, pretenting not to notice or lend assistance since he had his hands full. Just about then, our server picked up his pants and rendered assistance. I was

I got back to the table and told Stanley as to what had happened. He said that the next time the server came to our table, he was going to tease her. He was going to ask her if dressing the patrons fell under her job description.









Steve Sturgill

Steve Sturgill, 52, of Mt. Vernon, died Monday, February 8, 2016. He was born in Berea on June 23, 1963, the son of Walter "Chick" and Barbara Rice Sturgill. He was a former employee of Parker Seal and a telecommunications worker. He was of the Holiness Faith and enjoyed deer hunting, fishing, the outdoors and going to the movies.

He is survived by: his mother, Barbara Sturgill of Mt. Vernon; two daughters, Casey Sturgill and Sierra Sturgill, both of Mt. Vernon; and two sisters, Sheila (Leonard) Stallsworth of Mt. Vernon and Sandy Daugherty of Livingston. In addition to his father, Mr. Sturgill was preceded in death by his maternal grandparents, Eddie and Ruby Rice and his paternal grandparents, Earl and Minnie Ponder.

Funeral services for Mr. Sturgill were conducted Sunday, February 14, 2016 at 2:00 PM at the Dowell & Martin Funeral Home Chapel by Bro. Eldon Browning. Burial was in McGuire Cemetery in Livingston.

Pallbearers were: Clint Daugherty, Edward Rice, Donnie Sturgill, Alex Vanzant, Ethan Vanzant; and Ronnie Vanzant.

Honorary pallbearers were: Mark Bond, Steve Milburn, and Karl Wayne Pittman.

Please visit www.DowellMartin.com to view online obituary



Darrell **Owens**

Darrell Eugene Owens, 74, of Corbin, formerly of Brodhead, died Saturday, February 13, 2016 at Corbin Health & Rehabilitation Facility. He was born June 26, 1941 in Brodhead, a son of the late Millard "Buck" Owens and Verla "Peggy" O'neal Owens. He was a member of New Hope Church of God and the Rockcastle County Saddle . Club. He proudly served his country in the

Armed Forces, and found great joy in horses. He had been a heavy equipment operator and truck driver.

Those left to celebrate his life are: his most loving companion, Carolyn Reeves of Corbin; his brother, Denton Edward (Cathy) Owens of Brodhead; his sister; Edna Owens (Harold) Harper of Brodhead; his step daughter, Emma Reeves of Corbin (held a special endearment for her) and a host of aunts/uncles/ nieces/ nephews, friends and neighbors.

Besides his parents, he was preceded in death by brothers. Byron Douglas "Doug" Owens and Infant Millard Ray Owens.

Funeral services will be conducted (today) Thursday, February 18, 2016 at 1 p.m. at the Marvin E. Owens Home for Funerals with Bro. Wayne Harding officiating. Burial will follow in Freedom Cemetery. Condolences to the family may be

made at www.marvineowensfuneralhome.com



Arvil Glen **Smith**

Arvil Glen Smith, 79, husband of Barbara Ann Pingleton Smith, died Monday, February 15, 2016 at the Compassionate Care Center in Richmond. He was born January 27, 1937 in the community of Boomer located Rockcastle County. He was the son of the late Bill and Myrtle Poynter Smith. He was a member of Watts Chapel Baptist Church. He was a farmer and the most wonderful husband, dad and papaw.

Survivors include: his wife of 58 years, Barbara Ann Pingleton; daughter, Zoe Ann Smith Rose; son, Roy Glen (Janice) Smith; three grandsons, Norman Richard Clouse, Jr., Arvil Jessie Clouse and Roy Glen Smith and companion Tiffany Bowman; granddaughter, Emma Grace Smith; four great grandsons, Arvil Jessie "J.J." Clouse, Jr., Norman Richard "Richie" Clouse, III, Gabe Halcomb, and Roy Glen Smith, III; and five great granddaughters, Erica Draven Clouse, Kiarra Rachen Clouse, Isabella Faye Clouse, Jaycee Paige Clouse and Aurora Clouse.

In addition to his parents, he was preceded in death by: five brothers, Buster, Joe, Buddy, Watt and Kenneth Smith; five sisters, Lora Morgan, Mabel Evonne Nichols, Dorothy McKinney, Sarah Elizabeth Bullock and Nellie Reynolds; and two infant siblings.

February 19, 2016 at the McKnight Funeral Home Chapel with Bro. Dan Guténson officiating. Burial will be Smith Family Cemetery.

Visitation after 5 p.m. Thursday, February 18, at McKnight Funeral Home.

Pallbearers include: Glen Smith, Richard Clouse, Jr., Richard Clouse, III, R.J. Smith, Marvin McGuire and Robbie Pingleton.

Honorary pallbearers: Brian Bond, Mike Pingleton and Dean Reynolds.

Stella Mae Aker

Stella Saylor Aker, 91, of Brodhead, died Wednesday, February 17, 2016 at Compassionate Care Center in Richmond.

Visitation will be (today) Thursday, February 18, from 6-9 p.m. at the Marvin E. Owens Home for Funer-

Funeral services will be conducted Friday, February 19, 2016 at 1 p.m. at the Marvin E. Owens Home for Funerals with Bro. Donald Wilson officiating. Burial will follow in Saylor Cem-

Condolences to the family may be made to www.marvineowensfuneralhome.com

Jonathan Charlie Durham

Jonathan · Charlie Durham, 33, of Mt. Vernon, died Thursday, February 11, 2016 in Berea. He was born in Cincinnati, OH on June 27, 1982, the son of William Charlie and Eveline Swinney Durham. He had

been a construction worker. He is survived by: his mother, Eveline Swinney of Mt. Vernon; four brothers, Josh Staton, Wayne Powell, and Frankie Powell, all of Mt. Vernon, and Ozzy Staton of Brodhead; and three sisters, Lisa Price of Brodhead, Angela West of Cincinnati, and Martha Swinney of Mt. Vernon. He was preceded in death by: his father, William Charlie Durham; and two brothers, Michael Swinney and Charles Powell.

Graveside services were conducted Wednesday, February 17, 2016 in Briarfield

Dowell & Martin Funeral Home was in charge of arrangements.

Please visit www.DowellMartin.com o view

Alice Waddle

Alice Kathleen Waddle, 74, of Mt. Washington, died Friday, February 12, 2016 at her home. She was born March 5, 1941 Mt. Vernon, the daughter of the late Ray and Mary Graves Hasty. She was a homemaker, enjoyed flower gardening, and raising her boys.

Survivors are one son, Brian Travis Waddle of Louisville. Besides her parents, she was preceded in death by her husband, Travis Waddle, and one son, Christopher Alan Waddle.

Funeral services were conducted Wednesday, February 17, 2016 at the Cox Funeral Home with Bro. Jack Stallsworth officiating. Burial will follow in the Cresthaven Cemetery.

Arrangements by Cox Funeral Home.

View the complete obituary, sign the guest registry, or send condolences to the family online at www.coxfuneralhomeky.com.

Boyd Wayne Mullins

Boyd Wayne Mullins, 76, of Livingston, husband of Bonnie Bullock Mullins, died Monday, February 15, 2016 at Baptist Health Hospital in Lexington.

Funeral services will be conducted Friday, February 19, 2016 at 1 p.m. at Maple Grove Missionary Baptist Church by Bros. Jerry Owens and Keith Carr. Burial will follow in Bullock Cemetery at Blue Springs.

Friends may call at the church after 6 p.m. Thurs-

Dowell & Martin Funeral Home is in charge of arrangements.

A complete obituary will appear in next week's Sig-

Please visit www.DowellMartin.com to view

Henry Holt, Jr.

Henry Holt, Jr., 88, of Florence, died February 8. 2016 at St. Elizabeth Health Care in Florence. He was an-Assembler for the former ACME Sash and Door in Norwood and Sharonville.

He is survived by: his loving wife of 64 years, Dorothy Mae Holt; daughters, Bernice True, Charlotte Knight and Phyllis Dietrick; son, James Holt; sisters, Nina Jean Jones and Lorene Woodall; seven grandchildren; and five great grandchildren.

The service will be held at Floral Hills Funeral Home in Taylor Mill. The burial will follow in Floral Hills Memorial Gardens.

Online condolences may be expressed at www.floralhillsmemorialgardens.com

Card of **Thanks**

Callie Louise Slusher

The family of Callie Louise Slusher would like to thank everyone that was there with us during our time of loss of our loved one. Thanks to those who brought food, sent flowers, and prayers. A special thanks to the Pleasant Run Church for the love and kindness they have shown.

A special thanks to the singers, Dennis, Donna, and Trish Doan and to brother Jack Martin and Brother Luther Allen. And thanks to Brother Elzie and Mary Doan for the love and kindness they've shown. Thanks to the all the doctors and staff at Rockcastle Regional Hospital and Dowell Martin Funeral Home.

Family of Callie Slusher Subscribe to the Signal . Call 2,56-2244

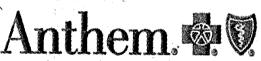
Rockcastle Chapter DAR Funeral services will be held at 12 Noon, Friday, **Now Taking Pre-Sale Orders**

Hidden Among Us - The American Revolutionary War Soldiers of Rockcastle County

This is a 143 page softbound book containing

Rockcastle's American Revolution Patriots and the battles that they fought. Pre-publication orders are now being taken and the cost will be \$15.00. The cost will be \$20.00 after publication, 100% of the proceeds will go towards purchasing a military monument for Rockcastle's Patriots to be placed at the courthouse.

Please mail check payable to KSDAR Rockcastle Chapter and send to: Karen Adams 4064 Kenesaw Drive • Lexington, KY 40515 Or call (859) 273-9015



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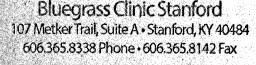
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Dr. Peter T. Rock, MD

Dr. Rock is a board-certified MD by the American Board of Family Medicine and graduate from SUNY Downstate Medical College in Brooklyn, NY.

Dr. Peter T. Rock has over 35 years of advanced experience in all aspects of Family Medicine. Dr. Rock's practice provides comprehensive medical care, health maintenance, and preventive services to all family members. Dr. Rock is uniquely positioned to lead patient care teams and also serve as a patient advocate in all health related matters including the appropriate use of specialists, health services, and community resources.

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Dr. Glover MD Jamin Scribner FNP











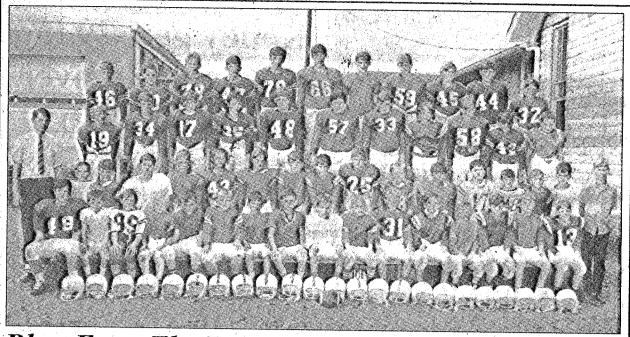


Lee Ann Hunt LCSW



Ashley Price PA

Melissa Day PA **Justin Allen APRN**



Blast From The Past...

This week's photo is of the 1971 MVHS Peewee and Jr. Varsity Football teams. Those identified are front from left: David Noe, unknown, Jeff Burdette, unknown, Paul Rice, Steve Singleton, Dale Noe, unknown, unknown, David Pensol, Larry Kirby, Earl Hammons, David Woodall, Billy Hackworth, Felix Ard, and Jerry Dick. Second row: Coach Jim Cox, Jesse Fredricks, unknown, Robert Owens, Terry Childress, Rick Anderkin, David Craig, Mike McFerron, unknown, Billy Cummins, Tony Saylor, David Owens, Brian Stokes, unknown, Lee Cain, Dana Owens, and unknown. Third row: Shane Bullock, unknown, Larry Lakes, unknown, Dwight Griffith, Mark Jasper, Tracy Sowder, Donnie Noe, unknown, and Mike Smith. Back row: unknown, unknown, Jerry Pensol, David Hunt, ? Alcorn, Billy Baker, unknown, Steve Pike, Jeff Hunt, unknown and unknown. If you have a photo for Blast From The Paste contact David Owens at scoopowens24@yahoo.com or 606-386-0187.

5-2-1-0 healthy numbers for Kentucky Families

A new campaign to fight off childhood obesity can be summed up in four numbers,

Each number represents an amount of something to

promote health and curb the obesity epidemic.

Children should get 5 servings of fruits and vegetables a day in order to get the vitamins and minerals they need for growth and health. By filling up first on fruits and veggies children will be less likely to fill up on higher fat, lower nutrient snack foods.

2 stands for 2 hours or less of screen time. American Academy of Pediatrics has set 2 hours as the maximum allowable screen time which includes tv, computer, play station, ds, and

1 hour of active play every day is recommended for all children. An infant will crawl or roll. Older children can run, jump, hop, dance, swim, or ride a bike.

0 is the number of sweetened drinks a child should consume. Save pop and coolaidefor the occasional party. Daily serve low fat milk if your child is over 2 years old and water.

It's easy to remember and easy to do 5,2,10.

Letter to the Editor

Cloaking information... Dear Editor,

Judge Scalia's recent death is a heartfelt issue for our country. Actually, the circumstances as reported in several news sources are somewhat odd.

My knowledge of Justice Scalia is limited compared with how I know Justice Thomas through his speeches. Judge Thomas brings tears to my eyes when I hear him speak. His words come from his heart and one can view for a while his beautiful soul. There's no such thing as "feeling worse" from hearing his Subscrib abrow

Sometimes when an audience leaves a speaker, heard to say "he/she just talks over my head."

The reason for that may be because the message being transmitted is actually cloaked in order to hamper complete understanding. Why would a speaker veil his message? Plain words are the best means to communicate if one is speaking the truth.

A fine example of cloaking information, is the GOP

Kentucky Caucus. It's difficult to figure out why they are so quiet about voting. Be brave Rockcastle Republicans, as announced on the Bulletin Board of the Signal, your place to caucus is the Middle School on Saturday, March 5 from 10:00 to 4:30

By the way, if you're interested, I really like several of the candidates and they are considered conservatives. I'm definitely a conservative. Those in Washington D.C. have not stood up for "We the People." If they are part of Washington. they are tainted in my opinion and I will not vote for them. Also, I do like Bush 43, but Jeb is too much like his dad distribution in

TRUMP is my choice in some of them have been spite of some of his actions and his mouth. At least he speaks what he means instead of cloaking his words as Obama did and then practically destroyed America. TRUMP is the only candidate who can accomplish all three items which most Americans say we must have: National Safety, Economic Stability, and Reasonable Immigration.

Claretta Hodges Mt. Vernon, KY

Be smart about your heart: Manage the ABCs of Diabetes

Many people with diabetes do not realize that having diabetes increases their chances of having a heart attack or stroke. While most people may think about diabetes-related health problems such as kidney disease, blindness and amputation, adults with diabetes are nearly two times more likely to die from heart disease of stroke than a person without diabetes.

If you have diabetes, the National Diabetes Education Program (NDEP) and [insert name of organization] wants you to know that you can lower your chance of having a heart attack or stroke by managing your Diabetes ABCs.

A is for the A1C test (Aone-C). This is a blood test that measures your average blood sugar (glucose) level over the past three months.

B is for Blood pressure. C is for Cholesterol. Sis for stopping smoking.

If you have diabetes, talk to your doctor about your A1C, Blood pressure, and Cholesterol numbers. Your ABC goals will depend on how long you have had diabetes, and other health problems. If you smoke, ask for help or call 1-800-QUITNOW.

The NDEP offers many resources to help people with diabetes take important steps to stay healthy and prevent diabetes-related heart problems:

Taking Care of Your Diabetes Means Taking Care of Your Heart: This tip sheet explains the link between diabetes and heart disease. It encourages people with diabetes to work with their health care team to set targets and manage their blood sugar, blood pressure,

You Are the Heart of Your Family...Take Care of It. (Usted es el corazón de la familia...cuide su corazón) Tip Sheet: This bilingual tip sheet (in Spanish and English) explains the link between diabetes and heart disease and encourages patients to work with their health care team to manage their blood sugar, blood

pressure, and cholesterol. Diabetes and Your Heart Infographic (English and Spanish): This infographic explains the ABCS of diabetes and how diabetes affects the heart. Share this infographic on Facebook and Twitter, or embed it on

Diabetes for Life: This booklet provides four steps to help people with diabetes understand, monitor, and manage their diabetes to help them stay

and cholesterol.

your blog or website. 4 Steps to Manage Your

healthy.

News and advertising deadline is noon Tuesday Call 256-2244

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www.coxfuneralhomeky.com **Bookmobile Schedule**

Mon., Feb. 22nd: Scaffold Cane, Clear Creek, Wildie. Tues., Feb. 23rd: Pongo, Ky. 3245 and Bryant Ridge. Feb. 24th: Make-up day. Schedule subject to weather conditions. February is Love Your Library Month. Overdue books can be returned with no fines.

Republican Presidential Caucus

On Saturday, March 5th, Kentucky Republicans will vote on their nominee for President. Rockcastle Republicans will vote at the Rockcastle County Middle School between 10 a.m. and 4 p.m. Absentee ballot applications can be found at www.rpk.org/caucus and the application must be submitted by February 19th. Call Republican Chair Doris Cromer at 606-308-9704 for assistance.

BVFD Fundraiser

The Brodhed Fire Department are holding a fundraiser. For a donation of \$25 or more, you will receive a free 8x10 color portrait (a \$30 value). Pictures will be taken at the BVFD in the near future. All funds collected will be used for operation of the fire department. It costs. \$8,308 to totally outfit a fireman. Volunteers for the department will be going door-to-door soliciting these do-

RCFFA Alumni Chili Supper and Auction

The Rockcastle County FFA Alumni Chili Supper and Auction will be held Saturday, February 20th, beginning at 5:30 p.m. with the auction following the chili supper in the school's cafeteria. Donations for the auction would be appreciated. Contact Jeff Hayes at jeff.hayes@rockcastle.ky schools.us to make a donation or for more information.

RRTA Meeting Rescheduled

The February meeting of the Rockcastle Retired Teachers Assn. has been rescheduled for Wednesday, February 24th at 11:30 at Limestone Grille. KTRS board member Mary Adams will be the speaker. Please plan to join us!

Free Bikes for Perfect Attendance

Clifford Collins Backhoe will be presenting a bicycle to a boy and a girl from RCMS with perfect attendance for the spring semester. The presentation will be made twice a year in the fall and spring semesters. For more information, contact Marcus Reppert, RCMS Principal at 256-5118.

Hearts For Hospice

Throughout February, Citizens Bank in Brodhead and Mt. Vernon will offer customers Hearts for Hospice. For a donation, customers will receive a memorial heart, which will be displayed at the banks throughout the month. All proceeds support Hospice Care Plus.

RRTA Meeting

Plan to attend the Rockcastle Retired Teachers' Association meeting on Wednesday, February 17th at 11:30 a.m. at Limestone Grille. Special guest speaker will be KRTA board memer Mary Adams. Please plan to join us.

Hot Rod Sign-ups Begin

Hot Rod Sign-ups for 3,4 and 5 year olds will be held the first and second week ends of April at Godfather's Pizza from 10 a.m. to 2 p.m. The cost is \$40 per child. Adult shirts will be available for \$13 (extra dollar per x) at the sign-up. The shirts this year will carry a picture of the late Anthony Reams' car. Hot Rod coaches teach the basics of the game but the main objective is to have fun. The season begins the last Saturday in April. There will be a picnic the second week end of July to end the sea-

Alpha Recovery

Alpha Recovery, a program promoting freedom from addiction, not a life long struggle with drugs, alcohol or anything else, meets each Saturday from 3 to 4 p.m. at Chestnut Ridge Church of God in Mt. Vernon. The group is led by Ray Owens and Tommy and Gina Dooley, "The past does not have to be your prison. You have a voice in your destiny. You have a choice in the path you take." Max Lucado For more information, call 606-308-5593.

Celebrate Recovery

Celebrate Recovery classes are held every Monday night at the Community Outreach Center in Brodhead. Celebrate Recovery is a 12-step Christ-centered program and is a safe place to share and begin healing from all hurts, hang-ups and habits. Meal at 6 p.m. Music 6:45 p.m. Large Group 7 p.m. Signatures available for court, probation and snap. For more information, please call Chris Martin 606-308-3368.

DAR Meetings The Rockcastle Chapter of the Daughters of the Ameri-

can Revolution meets the first Monday of each month, September-May at 6 p.m. at First Christian Church in Mt. Vernon. All prospective members are welcome to attend. **Brodhead Lodge Meeting**

The Brodhead Masonic Lodge #566 meets every third

Saturday at 7 p.m. on Main Street in Brodhead above Brodhead Pharmacy.

Alcoholics Anonymous

Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

Kiwanis Club Meetings

The Rockcastle Kiwanis Club meets every Thursday at noon at the Limestone Grill. Everyone is invited.

Historical Society Hours

The Rockcastle Historical Society is open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building. American Legion Post 71

American Legion Post 71 meets the second Thursday at 6 p.m. of each month at the Limestone Grill. Commander Tommy Hodges invites all Rockcastle veterans to join this organization that honors American soldiers, sailors and airmen.

UU Raward Yamaha Golf Cart Stolen



Owners are offering a \$500 cash reward to any person providing information that leads to the golf cart being returned. No questions will be asked, we just want our children's golf cart returned. If you have information, please call 606-308-3847.

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Rockets get wins over Garrard and Whitley

The Rockcastle Rockets traveled to Lancaster last Friday night to take on the 13-12 Garrard County Lions and came away the big winner 82-59

On Tuesday night, the Rockets got their 18th win of the season at Whitley Co., defeating the Colonels 79-68.

At Garrard County, the Rockets took control early with junior John Cornelius putting on a clinic of three point shooting - hitting three of them plus a two point basket to get 11 of his game high 25 points in the first quarter and help give his team a 29-15 lead.

The Rockets were up 43-28 at the half and 66-43 at the end of the third period.

Besides Cornelius's total of four three point baskets, senior Dylan Rowe added two more with the Lions hitting four.

The Rockets also led big in the free throw department. Garrard didn't get to the free throw line until the last play of the third quarter and only garnered five of eight from the charity stripe while the Rockets were hitting 14 of 21.

Junior Lucas Gentry got 17 points in the game, followed by junior Carson Noble with 12. Rowe got 11 total, junior Thomas Burdette 10; Zach Loudermilk, Logan Taylor and Levi Gentry each scored two points and senior Alex Spragens one.

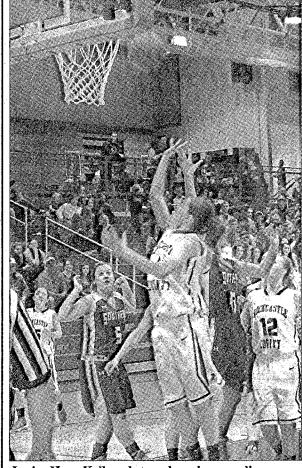
At Whitley County Tuesday night, five Rockets got in double figures in the 79-68 win.

The Rockets were down 19-16 at the end of the first quarter, ahead 36 to 32 at the half. They maintained their momentum in the second half, taking it 43 to 28 for the win.

A lot of Rocket points came from the free throw line where they hit 30 of 39 to Garrard's four of five. The Rockets also won the battle of the three point baskets, hitting eight to the Colonels 6.

Leading the scoring for the Rockets was senior Dylan Rowe with 19 points, eight from the charity stripe. Junior Thomas Burdette was next with 17 points; Lucas Gentry got 13, nine of them from the free throw line; John Cornelius added 11; Carson Noble scored 10 and Jordan Hawkins got 9.

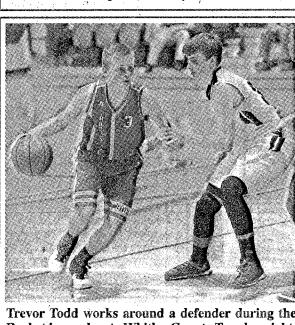
Both the Rockets and Lady Rockets have one game left in regular season. This Thursday night, both teams will travel to South Laurel for a doubleheader.



Junior Hope Kelley, shown above in an earlier game, led the Lady Rockets to a 49-43 win over Madison Central last Thursday. The Lady Rockets will travel to South Laurel this Thursday in a doubleheader with the Rockets. They begin 47th District Tournament action next Tuesday night at RCHS when they face Somerset at 6:00 p.m.



Junior Thomas Burdette leads a fast break during the Rockets' win over Whitley County Tuesday night. Burdette got the Rockets off to a quick start hitting three three pointers in the first quarter. He finished with 17 points. The Rockets are going for their 19th win of the season Thursday night when they travel to South Laurel. They begin 47th District Tournament action next Monday at RCHS when they face Somerset at 7:30 p.m. (Photo by Jamie Cornelius).



Trevor Todd works around a defender during the Rocket jayvee loss to Whitley County Tuesday night. (*Photo by Jamie Cornelius*).

Now 15-11 on the season

Kallay gats 20

Kelley gets 29 in Rockets win over Madison Central

The Rockcastle Lady Rockets traveled to Richmond last Thursday to take on the Madison Central Lady Indians and came away with their 15th win of the season, 49-43.

Junior Hope Kelley had a great night, scoring 29 points, which included four three point baskets. Kelley was the only one in double figures. Mahala Saylor got 8 points and Emme Barker, Maddy Bullen, Morgan Renner, Emily Adams, Kenzie Himes and Jayna Albright all got two points each.

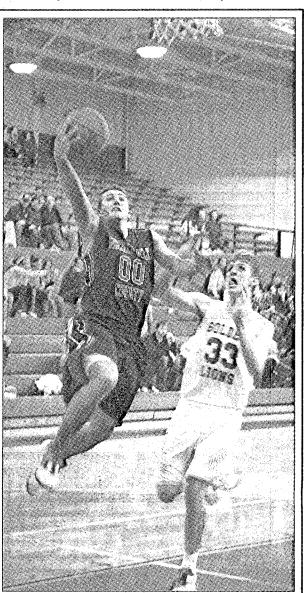
The Lady Rockets also

won the battle of the free throws hitting 15 of 23 to Madison Centrals 12 of 18.

Senior Night

The Lady Rockets Senior Night, and Senior Night for the Rocket Cheerleaders, will be held before the Rockets district tournament game against Somerset Monday night, Feb. 22nd.

Senior Night was originally scheduled for the Lady Rockets home game against McCreary Central this past Monday night but that game was cancelled because of the inclement weather.



Junior Carson Noble goes in for a layup in the Rockets 82-59 win over Garrard County last Friday night. Noble scored 12 points in the Rockets' win. (Photo by Sara Coguer).

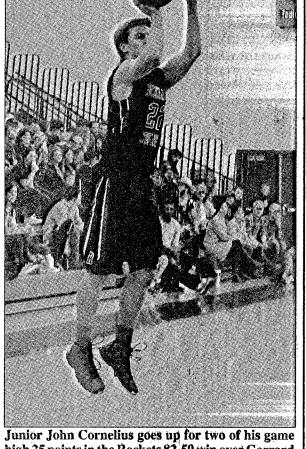
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Junior John Cornelius goes up for two of his game high 25 points in the Rockets 82-59 win over Garrard County last Friday night. (*Photo by Sara Coguer*).

Cameron Cornelius puts up a jump shot during the Rocket jayvee loss to Whitley County Tuesday night. (Photo by Jamie Cornelius).

2016 47th District Basketball Rockcastle Co. High School February 22 - 24, 2016

GIRLS' TOURNAMENT

Seed 1 (Home) - PULASKI COUNTY

Monday February 22nd 6:00 p.m.

Seed 2 (Home) - ROCKCASTLE COUNTY

Tuesday February 23rd 6:00 p.m.

Seed 3 - SOMERSET

BOYS' TOURNAMENT

Seed 1 (Home) - ROCKCASTLE COUNTY

Monday February 22nd 7:30 p.m.

Seed 4 - SOMERSET

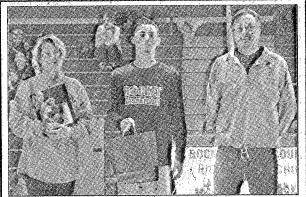
Seed 2 (Home) - PULASKI COUNTY

Tuesday February 23rd 7:30 p.m.

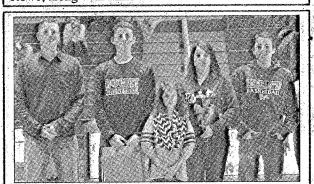
Seed 3 - CASEY COUNTY

Seed 3 - CASEY COUNTY

RCHS Senior Night



Senior Night was held recently at RCHS for the boys basketball team and JROTC Color Guard seniors. Show above is Dylan Rowe, escorted by his mother, Pam Rowe, along with Mike Burdette.



Zach Loudermilk was escorted by his parents, Ryan and Kelli Loudermilk, brother Jacob and sister Jenna.



Alex Spragens was escorted by his parents, Mark and Sherry Spragens.



Emily Childress, manager of the Rockets, was escorted by her parents, Jerry and Rhonda Childress.



Austin Ramsey was escorted by his parents, Joseph and Kimberly Ramsey.





Tim Henson was escorted by his mother, Crystal Henson.



William Merritt was escorted by his father Chad Merritt

"Caucus"

(Continued from front)

ers will finally have a say about who the republican candidate for President will

"Normally, Republicans wouldn't vote until May 17, but by then the nominee is probably already selected," she said. "This way, we get to use our delegates to decide who the nominee is."

According to Cromer, since local Republicans would have already voted in the caucus, there will be no Presidential nominees on the ballot in the May elec-

The May election will include all Republican races, except the race for President. Republicans are still urged to vote in the May elections for all other races.

Then the Republican and Democrat nominee will be on the November ballot where voters will choose the president from all par-

According to Cromer, the Kentucky Caucus is not a "winner take all" type of caucus as some other states

"Every vote will be important because the winner here doesn't receive every. delegate. They only receive their portion of delegates that the voters decided upon," she said.,

Cromer has established a steering committee to help make the caucus process easier for everyone. The

jumper cables and are con-

pairs such as changing a tire.

Workers also remove debris from the highway and check on abandoned vehicles and monitor bridges

According to Hale, al-

Money Tips for Students

Online security can help protect from cyber thieves

The hacking theft of credit and debit card numbers should make everyone, including students, more careful about protecting their money from cyber thieves. The following measures can help, according to the Kentucky Higher Education Assistance Authority KHEAA).

Never provide Social Security numbers, bank account numbers or credit card numbers in response to a phone call, fax, letter or email. If you get an email from a bank or company with which you do business, don't click on any links in the email. The link may lead you to a fake web page run by thieves hoping you'll enter personal information, or it may install spyware or malware on your computer. Instead, sign in through the website you normally use when you do business with that firm.

Never provide bank, credit card or other sensitive data on website that doesn't explain how your information will be protected, including encryption to transmit and store data

When using an ATM card or debit card, make sure no one standing nearby can see your personal identification number

Install a free or low-cost firewall to stop intruders from gaining remote access to your personal computer. Download and frequently update security patches offered by your operating system and software vendors to correct weaknesses that a hacker could exploit.

KHEAA is the state agency that administers the Kentucky Educational Excellence Scholarship (KEES).



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To view pictures of equipment to be consigned visit: northsideequipment.com

committee includes PVA Janet Vaughn who will help calculate votes among other

Also on the committee is GOP Youth Chair John Hughes and Sheriff's Deputy Casey McClure.

Though the caucus process can be confusing to some, Cromer says there is one thing local Republicans need to know. "To voters, this will be the same as any other election. No speeches or conferences. Just come to the middle school and vote just like always," she said.

Only this time, that vote will play a bigger part towards deciding who the republican nominee will be.

"SAFE"

(Continued from front)

also assist police in traffic accidents or helping to direct traffic, Hale said.

Hale said the trucks carry gas cans on hand and stantly patrolling Highway 80 and 1-75. "They are sometimes seen on 461 or 25 as well on their way to help someone in need," she

The program offers gas, oil, air to those stranded and can also help with minor re-

and other infrastructure.

though the trucks monitor

the major highways, they may come to smaller roads to help if they are available.

For more information about the SAFE Program,

the Kentucky Transporta-

tion Cabinet has a direct link to their website.

For those who find themselves in need or stranded in a vehicle, you may dial 511 or call 1-877-367-5982.

"Robbed"

(Continued from front)

common thing," said Peters. "People see the obituary on local people who have passed away, and they know exactly what time the spouse and kids will be at the funeral."

Peters said often the

deceased's home will be. burglarized as well as other family members who the thieves know will be at the funeral.

Peters says the investigation is underway at this time and he and his deputies plan a full investigation.

"Meth"

(Continued from front)

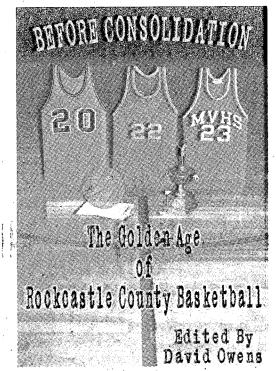
with public intoxication, wanton endangerment first degree and promoting contraband first degree.

Bryant said the contraband charge came after McCurdy was searched inside the jail where officials a concealed found Suboxone pill.

Bryant said both Lunce and McCurdy admitted to "getting high" just before leaving Casey County and traveling to Rockcastle with the two children in the ve-

Assisting in the case were Livingston Police Chief Travis Richardson, KSP Trooper James Royal, Deputy Jailers Tassa Powell, Howard Haddix and Brian Cromer.

According to Bryant, the two children were temporarily placed with a family member through coordination with social services.

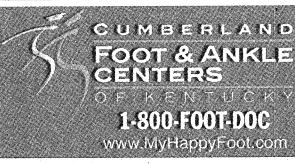


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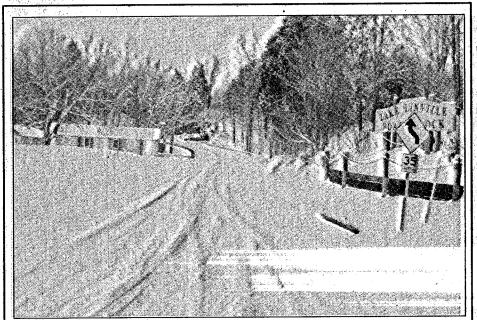
Dinners

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Mount Bernon Signal

Second Section

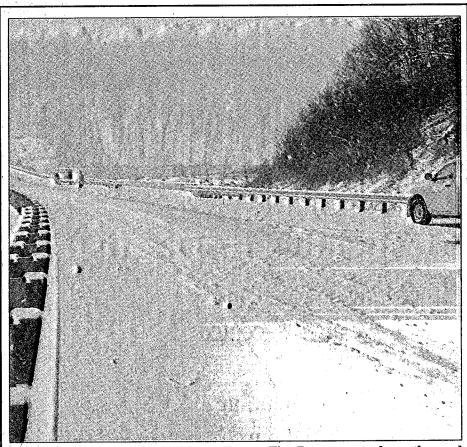
Thursday, February 18, 2016



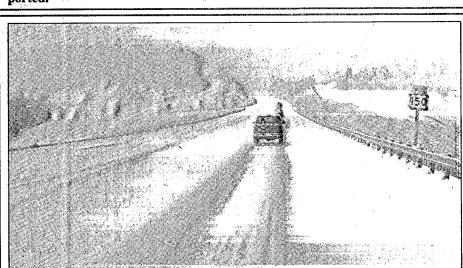
Lake Linville Road remained snow covered Monday morning after 3 1/2 inches of snow fell Sunday night in the county.



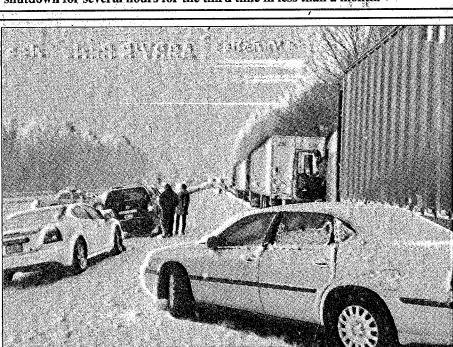
This is one of the many wrecks on I-75 since Sunday's snow storm hit the area. Sudden fog and slick roads were credited for this accident involving driver Larry Sennett, of Lexington, Head of the Criminalistics Academy at the DOCJT Academy, where local deputies do their in-service classes. There were no injuries reported.



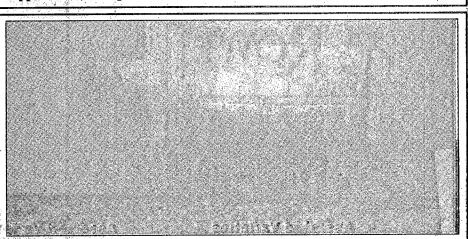
Adam Bales, member of the Mount Vernon Fire Department, shows the road condition of I-75 Sunday. Road conditions caused a ten-car wreck that caused a shutdown for several hours for the third time in less than a month.



Donna Coffey snapped this photo of Hwy. 150 covered with snow Sunday. Salt supplies are running low even as local officials continue to order more.



A 10-car wreck near Renfro Valley Sunday caused another interstate shutdown Sunday afternoon after the road became covered in snow. No injuries were reported from the accident but drivers were stranded for several hours.



According to officials, part of the reason for the large number of accidents this week was the onset of heavy fog. As seen in this photo, the barn is barely visible through the thick fog.



Conner Windstead, of Mount Vernon, was one of the many to enjoy the time out of school during recent snow storms to build a snowman. Students have missed 13 days of school this year through Wednesday.



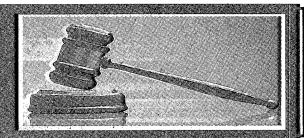
Enjoy refreshments and giveaways!

Parent and student workshops at 2 p.m.

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KINTUOKY COMMUNITY & TECHNICAL COLLEGE SYSTEM

News from the Rockcastle Courthouse



Circuit Civil Suits

Amy Erin Smith v. James Coburn Smith, petition for dissolution of marriage

Jennifer Lynn Gilliam v. Anthony Gilliam, petition for dissolution of marriage.

Rebecca Matias, Charles Brinson and Etta Brinson v. Rhonda Griffin, Admx. Estate of Derel Griffin, deceased, complaint.

Commonwealth of Kentucky v. Donald Crouch, complaint for child support and medical support.

Commonwealth of Kentucky v Cassandra Crouch, complaint for child support and medical support.

Commonwealth of Kentucky v David Andrew Robbins, complaint for child support and medical support.

Commonwealth of Kentucky v. Ashley E. Bradley, complaint for child support and medical support.

Alissa Snyder v. Nathan D. Whitaker, complaint for child support and medical support.

Samantha Robbins v.

ATTORNEYS AT LAW

- Criminal Defense -

- Personal Injury -

- Custody -

- Estate Planning -

Bobby L. Amburgey, Attorney

Jeremy B. Rowe, Attorney

(606) 256-0404

185 Main Street | P.O. Box 3038 | Mount Vernon, KY 40456

Months in same - Divorce -

David A. Robbins, petition for dissolution of marriage. Peggy Sue Allen v. Thomas Miller, complaint. CI-00037

District Court

Ephraim McDowell Regional Medical Center v. Brenda Albright, \$2,205.91 plus claimed due.

World Finance Corp. v. Brandon Abney, et al, \$3,506 plus claimed due.

Deeds Recorded

Polly Roberts and Happy Chandler Isaacs, property on waters of Copper Creek to Rick Saylor and Ronda Lasha Hinds. Tax \$12.50

Jonathan Durham, property in Orlando Subdv., to Michael P. and Melinda K. McGuire. Tax \$3.50

Walter Michael and Linda Howard, property in Mt. Vernon, to Justin and Katelyn Chrisman. Tax \$45 Roy and Pamela Martin, property in Mt. Vernon, to Jack and Dawn Stallsworth. Tax \$27.

Frank Finley and Vickie Lynn Hensley, property on Hwy. 1004, to Ballard and Ethel Hensley. Tax \$5

William and Barbara Fain, property in Rockcastle County, to Chris and Apryl Kirby. Tax \$94.

William and Barbara Fain, property in Rockcastle County, to Billy Wayne and Aletha Bryant. Tax \$16.50

Brenda K. Sowder, property in Rockcastle County, to Carl Sowder. No tax

Marriage Licenses

Iris Parker, 56, Mt. Vernon, retired, to Garry M. Gross, 61, Williamstown, retired. 2/6/16

Michelle Lunsford, 41, London, state trooper to Billy Ray Lang, Jr., 50, Berea, special agent. 2/10/

Kimberly Ann Kirby, 39, Mt. Vernon, homemaker to Jonathan Steve Northern, 36, Orlando, unemployed. 2/11/16

Jadawn Lashay Isaacs, 23, Mt. Vernon, Wendy's to Scottie Lee Powell, 40, Berea, Ferrell Gas. 2/12/16

District Civil Suits

Feb. 3-10, 2016 Hon. Jeffrey S. Lawless

Ricky Joe Adams: operating motor vehicle under influence of alcohol/drugs, sentencing order entered.

Michael Bradley: terroristic threatening, sentencing order entered.

Greg Damrell: public intoxication, \$100 fine; drug paraphernalia - buy/possess, \$100 fine.

Ashley R. Fairchild: permit unlicensed operator to operate motor vehicle, failure of owner to maintain required insurance/security, drug paraphernalia - buy/possess, bench warrant (bw) issued for failure to appear

Gregory L. Phillips: failure of owner to maintain required insurance/security, 10 days in jail/to serve/costs waived.

Mason L. Phillips: public intoxication controlled substance and theft by unlawful taking, sentencing orders entered.

William Bentley Bailey: resisting arrest, hindering prosecution or apprehension, menacing, sentencing orders entered

Takina Cottrell: resisting arrest, menacing, drug paraphernalia - buy/possess, hindering prosecution or apprehension, 25 days in jail/each count/concurrent.

John Reynolds: disorderly conduct, 90 days/probated 24 months plus costs; resisting arrest and fleeing or evading police, 360 days/each count/probated 24 months/each count.

Roger Dale Thomas: assault, sentencing order entered.

Ezekiel T. Wolfe: possession of synthetic drugs and illegal possession of legend drug, 90 days/each count/probated 24 months; drug paraphernalia - buy/possess, 360 days/probated 24 months.

Richard Allen Lovell, Jr. unlawful transaction w/minor, 360 days in jail/probated 24 months on condition plus costs.

David Back III: cultivate in marijuana, sentencing order entered.

Davonte Bailey: operating on suspended/revoked operators license, license to be in possession, bw issued for fta.

Byron J. Bond: no/expired Kentucky registration receipt - plates, failure of owner to maintain required insurance/security, failure to notify address change to Dept. of Trans., failure to produce insurance card, bw issued for fta.

Speeding: Lisa Mae Davidson, Justin L. Lainhart, Jean Jacques Nyandwi, license suspended for fra:

Richard A. Hensley: assault, 90 days/probated 24 months/plus costs.

Jame R. Lindsey: wanton endangerment, sentencing order entered.

Bobbie Jean Markwell: assault, bw issued for fta.

Hiram W. McVey: no/expired Kentucky registration receipt, reg and title requirements veh not oper on hwy, failure to register transfer of motor vehicle, bw issued for

Cody Robinson: possession of synthetic drugs, drug paraphernalia - buy/possess, possession controlled sub-

stance, 30 days in jail/each count/credit time served/costs waived.

Sherrie Kirby: operating on suspended/revoked operators license, \$100 fine and costs.

Victoria Emma Larkey: careless driving, \$100 fine; disregarding traffic control device, traffic light, \$25 fine

Amber L. Miller: failure to or improper signal, improper equipment, failure to produce insurance card, license suspended for fta.

Sheila F. Parrett: operating motor vehicle under influence of alcohol/drugs, sentencing order entered.

Thomas Scott: menacing, 30 days/probated 24 months plus costs.

Shawn P. Davidson: failure to wear seat belts, paid.
Kelly D. Whitaker: defective assumment \$50 fine

Kelly D. Whitaker: defective equipment, \$50 fine and costs.

Samantha L. Debord:

Samantha L. Debord: theft by unlawful taking or disp. shoplifting, sentencing order entered.

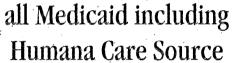
Heather Dunn: wanton endangerment, sentencing order entered.

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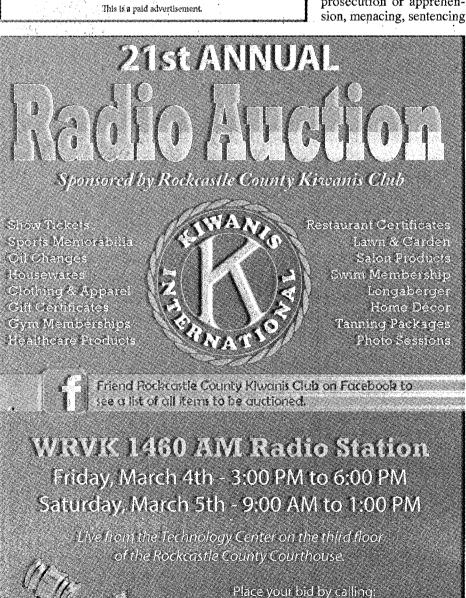
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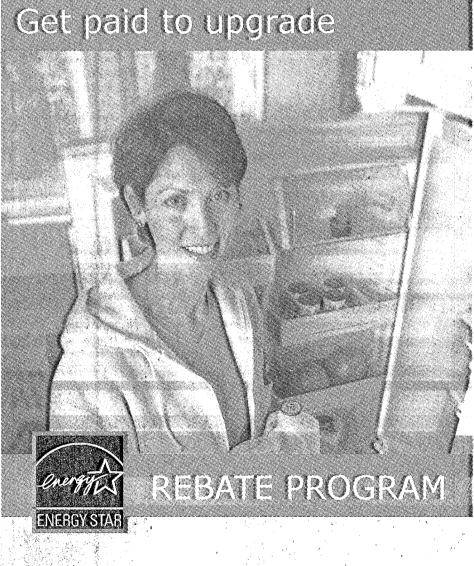


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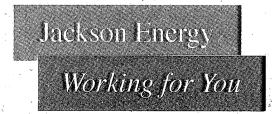


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Yards to Paradise

By Max Phelps Pruning: When is the Best Time to Prune?

There's a time for most every lawn and garden chore. So when's the best time to prune?

A quick reply would be "it depends". But in general, for most shrubs and trees, the best answer is late winter when the wood isn't frozen and before new growth begins. However, there are lots of exceptions and one answer does not fit all situations.

General advice, before we get specific, would be to prune off or remove broken or diseased limbs any time you find them. (If in doubt about how easy a disease is to spread, use a sterilizing dip for your pruning tool between plants.) Removing a wild looking limb, one that is rubbing against another limb, or where there are too many limbs on one side and few on another; some pruning can be done anytime. But, serious major cutting back of a deciduous plant generally is done when it is dormant.

So, do you have trees you are thinking of pruning? First, answer the question of why you think you need to prune, what is the purpose you hope to accomplish? Is it to shrink the size, to stimulate growth, to bear fruit, to even it up for better aesthetics, to remove the lower limbs so you can see under it of mow under it, or to keep it from blowing down in a storm or falling on the house?

First off, you should not have planted a tree too close to the house if it is going to be a problem in a few years, and same goes for planting a large tree near the power lines. Few things are uglier than a big tree with a gaping hole carved out so it does not bother utilities. If you are wanting to reduce the size of a tree because it's gotten too big for where it's planted, this should have been considered at planting time. Yet, you may not be the person who planted the wrong thing in the wrong place, so how and when do you prune?

Major pruning should be done in winter. But pinching tips of a young tree to make it branch better and removing odd limbs are things that can be done in the growing season. Tipping and pruning in summer stunts growth on most trees. Winter pruning stimulates faster growth. Thinning limbs on large trees so wind can blow through (rather than cutting or topping the tree) is much preferred on a stately old tree that seems to be a danger in a storm.

The usual rule is summer and fall blooming trees and shrubbery bloom on new growth. So winter and spring pruning is fine. Crape myrtles, rose of sharon, butterfly bushes, caryopteris or bluebeard, most roses, wisteria, beautyberry, endless summer series of hydrangeas, St. Johnswort, and gooseberries are among plants that flower or fruit on new growth. You will not do harm nor prevent blooming in the current year by pruning these shrubs now.

Many a fruiting tree and flowering shrub that blooms in the spring begins to set next year's buds for flowers

shortly after they are finished blooming in the current year. So prune those after flowering, if you want a full flowering look next year. Rhododendrons, azaleas, witchhazels, peaches, cherries, plums, lilacs, weigelas, many viburnums, redbuds, dogwoods, and so forth bloom on old wood. Eventually, if a major pruning needs to be done, you may have to do it in winter, and forego a good bloom the following spring or summer—major pruning in middle of the growing season may stunt the tree or shrub too severely.

Young trees need pruning to encourage good structure and shape, so that when the tree gets large, it will be healthy and well shaped. You may be able to plant and forget a few things like Bradford pear trees or evergreen arborvitae shrubs, but most trees and quite a few shrubs need help as they grow rather than a major "haircut" when mature.

Doing pruning for the first time? Be prepared to make some mistakes. (And on expensive or difficult to grow plants, getting help would be advisable for the newbie.) But on the taxus or boxwood or burning bush hedge, mistakes will grow back within a year usually. Finding a good library book, or going online to sites such as arborday.com can be a good use of a winter day as you think of doing pruning.

Be aware that trying to keep a tree at six feet or fifteen feet tall if it's natural growth habit is to grow to fifty feet is going to be fighting a war you will eventually lose. If you have planted something too big for it's spot, I would suggest start thinking of what you could replace it with. (Sometimes a new tree or shrub can be planted and get a year or two of growth before the overgrown item is removed—this way the spot does not look bare when the offending tree is removed.)

Choosing the right tree for the spot and for the conditions of your ground, then helping it to grow to a natural and healthy mature size, should enable tree planting to be done once and then you get to enjoy them for the rest of your life. Only professionals tend to get it right from the start, and not all who call themselves professional manage to get it right either. Thinking things through rather than making a quick decision you may regret saves money and headaches later on.

Let's sum up. Remove dead, diseased limbs and those with less than a 25 degree crotch angle as you can do so. Do major pruning in winter. Vigorous trees can have growth slowed down by pinching tips in spring or summer. Plant new trees now, and remove those that need to go. Get a plan together, know where you're going before getting the trimmers, pruners or saws out. And warm days in late winter are ideal for most pruning chores, so good luck as you correct your plants so that they perform up to their potential.

The author, Max Phelps, is a landscaper. Email: pondbuilder@hushmail.com

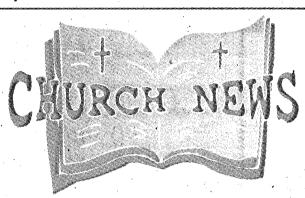
Subscribe to the Signal





60th Wedding Anniversary

Junior and Delores Taylor, of Crab Orchard, will be married 60 years on February 18, 2016. There will be a 60th wedding anniversary celebration given in their honor this Saturday, February 20th from 1 to 4 p.m. at Quail Park. No formal invitations will be sent. The couple requests no gifts be brought. All friends and family are invited to attend.



Free Bible, Courses Free Bible Correspondence Course. Send your name and address to 3168 Quail Road, Mt.

Vernon, Ky. 40456. Let the Bible Speak

Tune in to "Let the Bible Speak," with Brett Hickey, on Sunday mornings at 8:30 a.m. on WDKY Fox 56.

Celebrate Recovery

Celebrate Recovery classes are held every Tuesday night, from 6 to 8:30 p.m. at Northside Baptist Church.

Celebrate Recovery is a 12-step Christ-Centered program and is a safe place to share and begin healing from all hurts, hang-ups and habits. Meal at 6 p.m., music at 6:45 p.m., followed by a Celebrate Recovery lesson or an amazing testimony of a transformed life! At 8 p.m., you can join a small group discussion. All sessions are designed to provide the strength to overcome hurts, habits and hangups. Large group at 7 p.m.

Come and be inspired and begin your journey of healing! Child care and

transportation provided. Call 606-256-5577.

Benefit Auction

Higher Praise Ministries will hold a Benefit Auction on March 5th, beginning at 6 p.m., at the Rockcastle County High School cafete-

The auction will be preceded by a BBQ dinner at 5 p.m., \$6 in advance and \$7 at the door.

See their ad elsewhere in this week's Signal for a list of auction items.

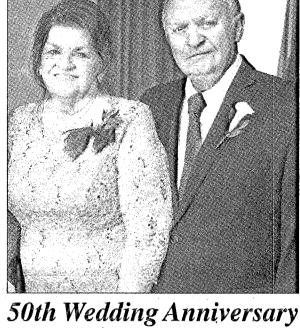
Proceeds will go directly to the church's building fund for their planned new church home, located just off Highway 461.

Philadelphia Baptist **Church News**

to noon and 6 p.m. Wednesday Bible Study at 7 p.m. at Philadephia United Baptist Church.

Members of the church are at the Brodhead Nursing Home the first Sunday of each month.

Several events are being planned for this spring and summer. Our church has sure been blessed.



Dallas and Shelia Brock Severance, of Brodhead, were married December 17, 1965 at her parents' home, Rev. Virgil and Rissie Brock, of Brodhead.

A celebration party was held in their honor in December at Heritage Inn given by their children and

The couple has two children, daughter Melissa (Phil) and son Chad (Lora) and three grandchildren, Brittany (Zack), Jonah and Bryce.

An encouraging word:

Do Something Productive By Howard Coop



Times change, and things are not like they used to be. Since we do not live in the Garden of Eden, an idyllic place where everything is just right, there is a tendency, one that is about as old as Adam, to complain about change. How often have you heard someone say, in a grumbling sort of way, things "are going to the dogs?" That complaint is not new; it's been around for a long time.

In 1956, Roy Hagan Kleiser, a product of the Blue Grass region of Kentucky, published a book called How to Find the Good Life. In that book, Kleiser told about a group of archaeologists who were excavating a site in Egypt in which they were looking for ancient ruins, and they were successful. That archaeological excavation uncovered a bunch of letters that were discovered to be over three thousand years old. In one of those old letters, the writer was complaining to a friend that "things seemed to be going to the dogs." When I saw that, I thought of an old saying that was old enough to become an adage at least three thousand years ago, "There is nothing new under the sun." It is a fact. Human complaint about

change has been around for centuries. Because it is so easy to complain, I have a feeling that it will remain through the succeeding cen-

About 250 years ago, life wasn't easy; many felt the heavy hand off oppression weighing heavily upon them. To them, it may have looked like things were "going to the dogs." But among them were some who went beyond complaining; they worked to change the almost impossible and make it better. Known as the founding fathers, those who went beyond complaining were rewarded. Their work produced "a new nation, under God, indivisible, with liberty and justice for all" on this continent. That new nation has given hope to

Beyond complaining that "things are going to the dogs," there is always the opportunity to do something productive. One can work to make things better.



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Frankfort Update...

By Jonathon Shell State Representative Last week was a flurry of activity in Frankfort, with the ceremonial signing of

the first prolife bill in 12 years, much legislation dealing with economic develop-

ment, and continued work on the budget and pension reform.

I was happy to spend some time at home last Monday, in order to tend to business at Rockcastle County High School. I had the honor of introducing a resolution on the House floor in honor of Dave Brock, also known as "Diamond Dave," a beloved resident who passed away. I presented this resolution to RCHS Principal Jennifer Mattingly for it to be placed

in the school's trophy case. Also early last week I meet with some Physician Assistance students from the district advocating for a bill they support. I was proud to join other House Republicans in attempting to vote on SB 7, a bill which would direct federal dollars away from Planned Parenthood, which has been illegally performing abortions without proper licensing in Kentucky. The organization also was exposed over the summer for selling body parts of unborn children for profit. Unfortunately, since 51 votes were required for passage, 39 democratic members just did not vote on it, so the measure failed. I will continue to stand firm in the fight for life in Frankfort.

On Wednesday, my two committees met, including Local Government and Banking and Insurance. We passed several uncontroversial bills unanimously. Later on in session, we passed a slew of bills, including HB 74, which is the "Achieving a Better Life Act" (ABLE); This is a companion bill to federal legislation, and allows disabled persons to set up savings accounts, similar to 529 college savings accounts.

On Thursday, after officially signing SB 4 last week, Governor Bevin held a ceremonial signing for the bipartisan informed consent bill, at the statewide "Rally for Life" rally held in the capitol rotunda. I was proud. to be in attendance, and I will continue to fight for those who cannot fight for themselves.

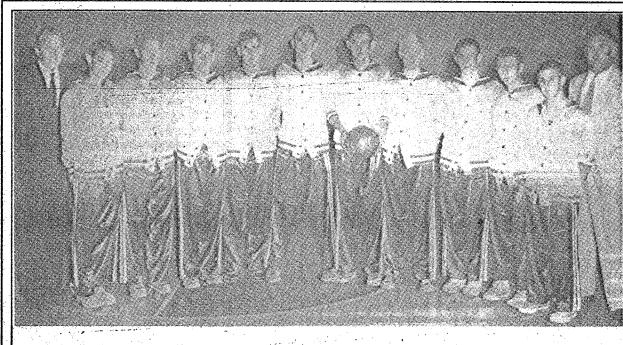
A bill I co-sponsored, HB 309, dealing with Public Private Partnerships, passed the House floor on Thursday. I feel strongly about protecting taxpayers and taking advantage of the private sector's ability to make things happen effectively and efficiency. The business community has been urging passage of this legislation would require women to for several years and I was a receive an ultrasound beproud to help move this fore having an abortion. commonsense legislation

Budget talks are ongoing, as various budget committees and subcommittees are meeting every week to work through one of the more difficult budgets in some time. Runaway pension liabilities and Obamacare payments have made it necessary for Governor Bevin to take fiscally sound action, and we will also work tirelessly to be good stewards of taxpayer dollars. While we recognize the need to tighten our belts, we are also dedicated to protecting the most vulnerable among us in these tough

economic times. We received some good news from the national level late last week. The Supreme Court stepped in to stop the Obama Administration from enforcing its new, excessive climate regulations. President Obama's War on Coal has already harmed enough Kentucky families and this action affirms that the executive branch's plan to shut down our low-cost energy economy was unconstitutional from the start.

On one final note, transparency in government is very important to me. I believe that firmly Kentucky's retirement systems should be fully transparent to the public, especially when there is more than \$30 billion in unfunded liabilities. This is why I, and many of my colleagues, were dismayed when the House Democrats refused to take up Senate Bill 2, which provides much-needed oversight to these depleted systems. Teachers and state workers have the right to know about the agencies that handle their retirement benefits. I support transparency measures such as this and hope we can get some commonsense measures like SB 2 implemented.

As always, I welcome your comments and concerns on any issues facing our Commonwealth during the 2016 Regular Session. I can be reached through the toll-free message line in Frankfort at 1-800-372-7181, or you can contact me email Jonathan.Shell@lrc.ky.gov. You can follow committee meetings and potential legislation through the Kentucky Legislature Home Page at www.lrc.ky.gov.



BASKETBALL TEAM

Coach Jack Laswell, Wayne Taylor, Paul Woodell, Jimmy Pittman, George Pittman, Charles McEldred, Theadore McClure, Billy Davis, Billy Joe Hansel, Bobby Sigmon, Jimmy Fain; superintendent Clyde Linville.

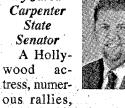
Blast from the Past...

This week's photo is of the 1957 Mt. Vernon Red Devils Varsity Basketball Team. If you have a photo for Blast from the Past contact David Owens at scoopowens24@yahoo.com or 606-386-0187.

Email news to the Signal office at mvsignal@windstream.net

Legislative Update...

By Jared Carpenter State Senator A Hollywood



ous rallies, and winter weather were among the highlights of a busy sixth week of session in the Kentucky General Assembly: Last week also included plenty of committee meetings and bills pass-

The national organization Save the Children, which promotes early childhood learning, had its Action Network President Mark Shriver and actress Jennifer Garner testify in Frankfort on behalf of the throughout Kentucky. We were pleased to welcome Mr. Shriver, who is the nephew of the late President John F. Kennedy, along with Ms. Garner to Frankfort, and we thank them for their efforts in helping children across the state.

We also welcomed the Kentucky Right to Life Association to the Capitol and joined them for a Rally for Life in the Capitol Rotunda. Governor Bevin held a ceremonial signing of Senate Bill (SB) 4, the first piece of pro-life legislation the Kentucky General Assembly has considered in over 12 years. Another pro-life bill, SB 152, passed out of committee this week and The Senate is still working to pass more pro-life legislation, and we hope to see those bills signed into law by the end of session in

April. Senate Bill 20, one of our priority pieces of legislation, passed the Senate this week. Senate Bill 20, creating an appeals process for Managed Care Organizations (MCO's), will allow health-care providers to appeal a decision relating to the Department of Medicaid. This bill is another step in much-needed health-care reform that could ultimately lower costs for consumers.

Protection of children's identity was embodied in Senate Bill 23. Identity theft is not just a problem for adults, children are victims too. In fact, the sponsor said one in 40 households with children under 18 had at least one child's information compromised by identity thieves. Senate Bill 23 would give parents the right to place a "security freeze" on their child's credit report if they felt the need. Senate Bill 23 also allows guardians of vulnerable citizens to place freezes on those citizens' credit re-

Senate Bill'5, another priority bill, passed out of committee this week. Senate Bill 5 would remove the names of county clerks from marriage licenses, a bill crafted after county clerk Kim Davis was faced with criminal charges for standing up for her religious be-

In an effort to reform education standards for Kentucky_students, SB 1 also was reported favorably out of committee. This priority bill is bipartisan education reform creates an annual review process for local and state standards. Many are calling it the "Let Teachers Teach" bill. The bill also does away with burdensome review programs that hinder student growth. We had many teachers call and write in support of this bill, and we are proud to move forward with legislation making it easier for our educators to do their job

If you have any questions or comments about these is sues or any other public policy issue, please call me toll-free at 1-800-372-7181

ADVERTISEMENT FOR BIDS

Sealed Bids will be received, opened, and immediately read aloud at 2:00 p.m. on Thursday, March 3, 2016 for Exterior ADA Improvements at the Rockcastle County Adult Education Center. The bids will be received at the Rockcastle Teaching & Learning Center, 250 Richmond Street, Mt. Vernon, KY 40456.

The project site is located at 955 West Main Street, Mt. Vernon, KY 40456. The bid is to furnish all necessary labor, materials, tools, machinery, warranties, and all other items required to make exterior ADA Improvements to the existing site. Work to include, but not limited to; demolition and disposal of plants, trees, concrete walks, light poles and pavement. Project also includes substantial amount of new asphalt pavement, construction and grading for new parking spaces, new concrete walks, ramps and stairs according to the contract documents.

There will be a pre-bid meeting at the project site on Wednesday, February 24, 2016 at 3:30 p.m. Bidders shall submit questions or comments to the Design Professional by no later than 5:00 p.m. on Thursday, February 25, 2016.

No bid may be withdrawn for a period of 60 days after the opening. Each bid must include a bid security in the amount of 10% of the total bid in the form of a certified check, cashier's check, irrevocable letter of credit, or surety company bond made payable to the Rockcastle County Board of Education.

If a bid security in the amount of 10% of the full bid amount is submitted with the bid, the successful bidder will be required to furnish a performance bond and labor and material bond from an acceptable surety in the amount of 100% of the full contract amount. If a bid guaranty bond in the amount of 100% of the total bid is submitted with the did, no additional performance and labor and material bond will be required.

The contract documents have been prepared by N3D Group, 1204 Winchester Road, Suite 200, Lexington, KY 40505. For additional information or questions, send email inquiries to snoel@n3dgroup.com or phone 859-303-5708. Copies of the documents may be purchased from Lynn Imaging, 328 East Vine Street, Lexington, KY, 40507, (859) 255-1021 or www.lynnimaging.com.

All provisions of the Kentucky Revised Code as it relates to bid guaranty's conditions, liabilities, and withdrawal of a bid are applicable to this contract. The owner reserves the right to waive any informality or to accept any bid which is deemed most favorable. The owner also reserves the right to reject any or all bids.

By order of the owner: Rockcastle County Board of Education

Rockcastle! COUNTY, KENTUCKY

EADERSHIP

Accepting Applications for Class of 2016

This year's program will kick off Thursday, March 17th with a full day session trip to Frankfort to tour the State Capitol.

On Saturday, April 23rd, we will have a full day session facilitated by Brushy Fork Institute.

Six sessions will take place once a month from 9 a.m. to 1 p.m. at various locations around the county.

Session topics include effective communications skills, conflict resolution, leadership skills, local history, tourism development, etc.

- Strengthen communication, organizational and economic development skills
- Become involved in the community
- Effectively guide development initiatives by increasing knowledge, networking and leadership skills
- Discuss important county issues
- Tackle new leadership challenges within your company and community

Register online at the Rockcastle County Development Board website: www.rockcastlecountydevelopmentboard.com or confact Lynn Tatum at 606-308-4646, email kyltatum@yahoo.com.

RCMS Academic Team wins District Championship

Congratulations to the RCMS Academic Team for winning the District Championship on Friday, January 29th. The Quick Recall team went undefeated and finished in first place and will move on to the Region tournament in two weeks. The Future Problem Solving Team finished in second place and will also move on to Region.

The following students placed in individual written assessment and will compete at Region along with the Quick Recall and FPS

In Math, Jonathan Cain placed second and Drew Bullock placed first.

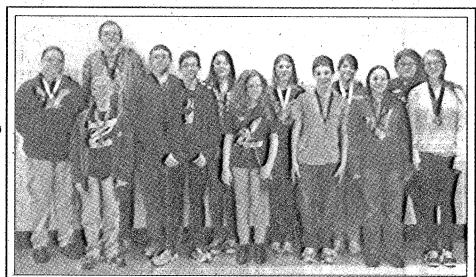
In Science, Granville Graves placed fourth and Jonathan Cain placed first.

In Social Studies, Brooklyn Young placed fifth, Drew Bullock placed fourth, and Brexton Cromer placed third. In Language Arts, Audrey Childress placed

placed first. In Arts and Humanities, Ellie Robinson placed third third and Kristen Taylor

and Aden Amburgey placed

And in Written Composition, Elizabeth Mikeworth placed fourth.



The RCMS Academic Team wins District Championship for third straight year. Pictured from left are: Granville Graves, Luke Peavie, Elizabeth Mikeworth, Stormi Begley, Carly Cromer and Aden Amburgey. Back row from left: Brexton Cromer, Drew Bullock, Jonathan Cain, Brooklyn Young, Audrey Childress, Ellie Robinson and Kristen Taylor.

The freedom of not wanting, it's taken me a lifetime to understand this

By Ken Holt

The urge to buy more and more stuff can overwhelm rational thinking. We see other people with lots of expensive clothes, new car, big home and other material things and it gives us the desire to have the same or even more. If this desire or jealousy is not controlled, we eventually justify our wants by putting them in the same category as basic

needs. Many of these wants may be to impress others, to fit in with the crowd or be a status symbol of success. If you find wanting things to impress others and aching inside and feeling sorry for yourself every time you can't afford to buy them, you are creating self-imposed stress and in many cases, financial trouble.

One of my friends I

work with drives a \$45,000 BMW. I could manage to get enough money to buy one just like his and park it next to him at work, but yet somehow, I don't even want a BMW. Even if I was a millionaire, I would not want a \$45,000 BMW, better clothes or a bigger home.

This freedom from the. desire of wanting more and more material things is actually making me richer because it allows me to focus

on other things. And as it turns out, wanting less, gives me peace of mind.

Have you noticed some of your family or friends that "shop for a past time" are almost always just scraping by for money. They come home after shopping and show where they saved 60-80% off on something they bought. Buying something at any discount price is not a deal if you do not need it. Many of these items end up being sold in a yard sale or given to thrift stores. Another justification they may use to buy reduced priced items is; I bought it because I may need it later.

Buying and owning lots of material things can give temporary satisfaction, but this happiness usually ends with only wanting more and more. The earlier in life you can see this, the richer and happier you will be. It will also help you have more money for the real needs and emergencies that pop up.

Mamaw's Kitchen

By Regina Poynter Hoskins

The day after we fixed pinto beans was always "chili day" even in the summertime. That was a wonderful way to use any leftover beans we may have had. Most of the kids and adults liked pasta in their chili, but I never did. Mum and Mamaw had to make two batches of chili-one with and one without pasta. Sometimes we had crackers with our chili and some times we had cornbread. I have a friend who can not eat chili unless she has a grilled cheese sandwich.

JUDY'S CHILI 1 pound ground beef 1 onion, chopped 1 can (8 ounce) tomato

sauce A couple handfuls of macaroni or spaghetti, uncooked 1/4 cup tomato ketchup 2 cups water

1 to 3 tablespoons chili powder 2 to 4 cups cooked pinto

beans Salt

Brown ground beef and onion in skillet. Add to a large pot along with rest of ingredients. Let come to boil, reduce heat and gently simmer for 30 minutes or so.

REGINA'S CHILI I liked the chili Mum and Mamaw fixed while I was growing up, but these days I prefer my chili thicker than what we made then. Use more chili powder if you like it spicier. (I use Mexene® chili powder because that's the one Mum used.)

2 tablespoons oil 1 onion, chopped 1/2 cup chopped green bell pepper

1 pound lean ground beef 1 tablespoon chili powder 1 can (8 ounce) tomato sauce

1 can (14 ounce) petite or regular diced tomatoes, undrained

1/4 cup water (or more depending on how thick you like your chili)

2 cups cooked pinto or kidney beans (or one 14 ounce can)

Add oil to large pot with a lid. Let oil heat on mediumhigh and add chopped onion and green pepper. Cook for about two minutes. Crumble ground beef over onion. Using a wooden spoon, break ground beef up into very small pieces. Cook until beef is no longer pink. Stir in chili powder, tomato sauce, tomatoes and water. Stir. Bring to a boil. Cover, reduce heat and simmer for an hour. Stir frequently. Add beans and

cook on medium another 10 to 30 minutes.

MAPLE WHISKEY GLAZED BEEF BRISKET

I have also cooked a rump roast and chuck steak using these two recipes. Just about any cut of beef is good cooked this way. If you are worried about the amount of alcohol in these recipes, you can use beef broth instead. The alcohol does evaporate during the cooking process.

2 tablespoons coars 1 teaspoon freshly ground black pepper

4 to 6 pound beef brisket, scored with a knife on both sides

1/4 cup olive oil 1 cup real maple syrup 1/2 cup Jack Daniel's, or other whiskey

1/4 cup brown sugar 2 tablespoons tomato paste 2 oranges, zested and then juiced :

4 cloves garlic smashed 8 slices fresh ginger, sliced thinly

Combine salt and ground black pepper. Rub all over beef and place in a plastic re-sealable bag or other container. Combine olive oil, maple syrup, whiskey, brown sugar, tomato paste, orange juice, orange zest, garlic, and ginger; blend to mix. Pour over beef. Marinate for 2 hours or overnight. Transfer to slow cooker and cook on low 8 to 9 hours, turning once or twice. Thinly slice across the grain and serve with liquid spooned over beef.

CHUCK ROAST WITH

VEGETABLES This is how we started the soup. We would make a meal of the chuck roast on the day it was cooked, and maybe the next day, but the next day we used the leftovers in a soup.

5 pound chuck roast Salt

Pepper 2 cups water

1 onion, peeled but kept whole

1 or 2 stalks celery cut into two-inch pieces 5 potatoes, peeled and quartered

Subscribe to the *Mount* Vernon Signal call (606)256-2244

1 pound carrots cut into twoinch pieces

Rub salt and pepper into all sides of roast. Place in large tender.

Dutch oven. Add water, whole onion, and celery. Bring to a boil, cover and reduce heat to medium low and simmer for 2 to 3 hours. Add potatoes and carrots to pan and bring back to a boil. Reduce heat, cover, and gently boil for another 45 minutes or until vegetables are

Commonwealth of Kentucky 28th Judicial Circuit

Rockcastle Circuit Court • Division I Civil Action No. 15-CI-00114

Commonwealth of Kentucky, County of Rockcastle, et al

Plaintiff

Defendants

Paul Harrison, et al NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on December 21, 2015, for the purpose of satisfying the judgment against the defendants in the amount of ONE THOUSAND ONE HUNDRED EIGHTY FIVE DOLLARS AND 05/100 (\$1,185.05) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

At the Courthouse on East Main Street Mt. Vernon, Kentucky on Friday, February 19, 2016 Beginning at the Hour of 11:00 a.m.

Said property being more particularly bounded and described as follows:

825 Grace Loop Road

Map #042-00-002

The property shall be sold on the following terms & conditions:

1. The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of ten percent (10%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.

2. The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.

3. The full satisfaction of any liens for delinquent ad valorem taxes assessed against the real property of record at the time of entry of judgment shall be paid out of the proceeds of the sale.

4. The purchaser shall pay the 2015 local, county, and state property taxes. 5. Full satisfaction of the plaintiff's judgment shall

be paid from the proceeds of the sale. 6. The purchaser shall have possession of the real property upon compliance with the terms of the sale.

7. In the event that the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.

8. This sale shall be made subject to all easements, set back lines, restrictions, or covenants of record, or otherwise and shall be sold "AS IS."

John D. Ford **Master Commissioner Rockcastle Circuit Court**

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Farm and Industrial Equipment Consignment

35th Annual London **Farm Machinery Consignment Auction** Saturday, February 27, 2016 at 9:30 a.m. Laurel County Fairgrounds

HWY 229, Near Levi Jackson State Park - London, KY Consignments accepted: Wednesday, February 24th, Thursday, February 25th and Friday, February 26th from 8:30 am to 5:00 pm

41st Annual Brodhead Farm Machinery Consignment Auction Saturday, March 5, 2016 at 9:30 a.m.

Brodhead Fairgrounds Off of Highway 150, Brodhead, KY Consignments accepted: Wednesday, March 2nd, Thursday, March 3rd and

Friday, March 4th from 8:30 am to 5:00 pm there will be a BUYER'S FEE added to the winning bid on each item to determine its final price. BUYER'S FEE IS 10% SELLER'S FEE IS AS FOLLOWS: NO SALES FEES ARE AS FOLLOWS:

\$3,000 or greater = \$25.00 \$2,000 - \$2,999,99 = \$15.00 \$8.00 - Any Item up to \$40.00 20% on any item \$40.01 - \$100.00 \$1,000 - \$1,999.99 = \$10.00 10% on any item \$100.01 - \$199.99 6% on any item \$200.00 or over Below \$500 = \$3.00 ANNOUNCEMENTS DAY OF SALE TAKE PRECEDENT OVER PRINTED MATTER

1-800-526-1637

Commonwealth of Kentucky **28th Judicial Circuit** Rockcastle Circuit Court • Division II Civil Action No. 11-CI-00279

Citifinancial Services, Inc. **Plaintiff**

Dean A. Hahn, Melissa Hahn. Lien Solutions, LLC and **Kentucky Tax Company**

Defendants

NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on June 11, 2012 and order to reschedule sale entered on January 8, 2016 for the purpose of satisfying the judgment against the defendants in the amount of NINETY THREE THOU-SAND TWO HUNDRED SIXTY FOUR DOLLARS AND 52/100 (\$93,264.52) plus interest, costs and attorney fees. I'will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

At the Courthouse on East Main Street Mt. Vernon, Kentucky on Friday, February 19, 2016 Beginning at the Hour of 11:00 a.m.

Said property being described as follows:

1225 West Level Green Road, Brodhead, KY 40409 Map #008-00-020.04

> The property shall be sold on the following terms & conditions:

1. The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of ten percent (10%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.

2. The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.

3. The full satisfaction of any liens for delinquent ad valorem taxes assessed against the real property of record at the time of entry of judgment shall be paid out of the proceeds of the sale.

4. The purchaser shall pay the 2015 local, county, and state property taxes.

5. Full satisfaction of the plaintiff's judgment shall be paid from the proceeds of the sale. 6. The purchaser shall have possession of the

real property upon compliance with the terms of the sale. 7. In the event that the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or

bond shall be required. 8. This sale shall be made subject to all easements, set back lines, restrictions, or covenants of

record, or otherwise and shall be sold "AS IS." John D. Ford **Master Commissioner** Rockcastle Circuit Court

CLASSIFIED RATES

- Local Rates \$4 for 25 words or less - .10 each additional word
 - Display Classifieds \$5.00/India

Deadline for Classifieds is 10 a.m. TUESDAY

For Rent

Storage Units: 5x10 \$25; 10x10 \$35; 10x20 \$60.606-687-0151. 6x3

Two Bedroom House, central heat and air on Hwy. 70 in Brodhead. No pets. \$450 month/\$400 security deposit. 758-8692. 5x3p

House in Mt. Vernon on Lovell Lane. Living room, 2 bedrooms, dining room; kitchen, bath and enclosed porch. Heat pump central air/heat. Electric ange, refrigerator, washer and dryer. Hardwood floors and linoleum. Detached garage/ storage. No pets don't ask. Minimum one year lease \$450 month/\$450 security deposit. References required. Call 606-256-4902

leave message. 7x2p

2 Bedroom Cottage. All new appliances/washer dryer. Water furnished. Deposit required. No pets. 636-544-7147 - Mt. Vernon.

2 BR Trailer. 483 Tyree Street. Two built-on rooms, garage and carport. Newly remodeled with new carpet and vinyl. No inside pets. 3 person maximum. Background check and references required. \$300 month/\$300 deposit. Cecil King 606-758-9683 or 606-10-3/19. 52xntt

Duplex For Rent in Brodhead: All appliances furnished. Call Patty at 758-9666. 42xntf

Rent To Own: house and trailer, both in Brodhead. 758-4729. 4xntf

Trailers and house in Brodhead. No pets. 758-8922. ntf

Accepting applications at Mt. Vernon Housing Authority on Mondays 4 to 8 p.m. and Wednesdays and Fridays, 4 to 6 p.m. Rent based on income. 256-4185.

Accepting Applications: For 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. Equal Housing Opportunity, TDD for hearing impaired only. 1-800-247-2510. 36tfn

For Rent Maple St. Storage of Brodhead 256-2884 or 606-308-2491

Property For Sale

Commercial Building: For sale or lease. Former Barnett Cycle/Silver Eagle building. 4900 sq. ft w/ 27x30 garage/4 doors, concrete drive. 606-687-0151.

3BR House in Brodhead. \$35,000. 2BR Trailer, \$25,000. 606-758-4729. 1xntf

2BR Home with garage. Just north of Mt. Vernon on eight acres +/-. Ready to move into. Serious inquiries only. Shown by appointment only. 606-308-3669 or 606-308-1689. 9xntf

2BR/2BA 1450 sq. ft. Selling for \$89,900. Rick Szaks, Broker. 859-255-7777. Lincoln Real Estate, Inc. rickszaks@aol.com

No Hunting or Fishing, without written permission on Iris Young property on KY 3245. 6x4p

No Trespassing on property owned by Shannon Hellard on Cove Branch Road. 6x5 Posted: No trespassing on land belonging to James and Dorothy Rash heirs on Rash Branch Road off Chestnut Ridge. No hunting, camping, ATVs, trespassing for any purpose. Not responsible for accidents. Violators

will be prosecuted. 1x51 Posted: Property belonging to Don and Kitty Reese on Smallwood Road at Roundstone. All trespassers will be prosecuted. 49xntf Posted: No hunting or trespassing on land belonging to Glen Roberts at 560 Dix River Branch Road, Brodhead. Violators will be

prosecuted. 35xntf Posted: No hunting, trespassing or ATVs on land belonging to Jason and Sara Coguer at Roundstone. Not responsible for accidents.

Posted: No trespassing on land belonging to James and Dorothy Rash heirs on Rash Branch Road off Chestnut Ridge. No hunting, camping, ATVs, trespassing for any purpose. Not responsible for accidents. Violators will be prosecuted. (1/21/

Posted: No trespassing on Crawford Place - Old Brodhead Road. Danny Smith. 47tfn

Posted: Absolutely no hunting, fishing or trespassing on property belonging to Mark and Debbie Cummins. Violators will be prosecuted.

9x52p Posted: No trespassing, hunting or fishing on land belonging to Rachel Denney on Hwy. 3245 (former

Reggie Benge property).

Posted: No trespassing on property known as C.B. Owens Farm across from Fairgrounds in Brodhead. Violators will be prosecuted.

Peis

Puppies For Sale: 5 Jack-A-Poos - female and males. Won't shed. \$250 Each. One Malti-Poo, \$350. Extremely healthy, playful, affectionate. Shots and wormed. Great dogs. 606-758-9554.

Miscellaneous Hor Sale

Cresthaven Cemetery Plots. Contact Billy Dowell, 606-308-1058. 39xntf

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Mount Vernon, Kentucky

Thursday, February 18th &

Friday, February 19th

8:00 a.m. to 4:30 p.m. both days

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ity or protected Veteran status. EOE. Minority/Female/Disability/

Position Title: Supplemental Nutrition Assistance Program (SNAP) Education Assistant Working with Limited Resource Audiences in Rockcastle County. Posting #RE 06239-50109228. The person filling this position is expected to become knowledgeable of the philosophy, goals and objectives, policies and procedures of the Kentucky Cooperative Extension Service. Enrolled families and youth are expected to increase their understanding and practice of good nutrition. Progress of families and youth are reviewed regularly. Improvement in nutrient and food group intake is evaluated. Qualifications: The physical demands of this job require you to lift and carry up to 30 pounds and be able to stand for long periods of time. You must be able to relate effectively with adults and youth and have the ability to keep accurate reports and interpret low reading level material. Knowledge

of community agencies and organizations that work with

limited resource audiences is very helpful. Ability to plan, conduct and evaluate educational events. Possess oral and written communit cation skills and organizational and process skills. Basic computer skills helpful. High school diploma required. Possess a valid Kentucky driver's license and dependable, insured automobiles for business mileage reimbursement, Position Begins: May 02, 2016. Starting Salary: \$12/hour plus benefits at 37.5 hours a week. Deadline for filing an application: March 01, 2016 or until suitable appliposting

cant is found. Application: . application must be submitted via the Internet. Visit http://www.uky.edu/HR/ working/ and click on "Search And Apply" in the blue UK Jobs box, top right of the page. Then "Cooperative Extension Jobs" under Jobs" category. That will bring up all current Extension postings. Search for #RE06239-50109228. Select the position by clicking the "view details" button. Then click the "Apply to this job" button. If you have never used the UK Jobs website, you will need to "Create a new account" at the top of page. Note: sometimes applicants miss the "Work Experience" section of the application. Please complete the application in its entirety. We try to hire from within the communities we serve. The University of Kentucky is an equal opportunity employer. Applications from women and minorities are encouraged. The address of the EOE Coordinator is: College of Agriculture Science Center North, Lexington, Kentucky 40546-0091. The US. Department of Agriculture prohibits discrimination against its customers, employees and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal and, where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program,

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Notices

Notice is hereby given that Kermit Rudolph Burdette Jr., P.O, Box 98, Mt. Vernon Ky. 40456, Jeffrey K Burdette, 275 Redbuc School Rd., Mt. Vernon, Ky 40456 and Karen Kay Mullins, 10789 N. Wilderness Rd., Berea, Ky. 40403 have been appointed co-executors of the estate of Kermit Rudolph Burdette deceased. Any person having claims against said estate shall present them, according to law, to the said Kermit Rudolph Burdette Jr., Karen Kay Mullins and Jeffrey K. Burdette or to Hon. John D. Ford, Coffey & Ford, P.S.C., P.O. Box 247, Mt. Vernon, Ky. 40456 on or before August 8, 2016

at 11 a.m. 7x3 Notice is hereby given that Robert Ryan Loudermilk 470 West Main St., Mt Vernon, Ky. 40456 has beer appointed Executor of the estate of Elizabeth C Deborde, deceased, Any person having claims against said estate shall present them, according to law, to the said Robert Ryar Loudermilk or to Hon. Johr D. Ford, P.O. Box 247, Mt Vernon, Ky. 40456 on oi before July 27, 2016 at 9:30 a.m. 5x3

Notice is hereby given that Jessica L. Clay, 4308 Wingate Road, Louisville Ky. 40207 has been appointed Administratrix of the estate of Cicki L Whiteley, deceased. Any person having claims against said estate shall present them, according to law, to the said Jessica L Clay or to Hon. John D Ford, P.O. Box 247, Mt Vernon, Ky. 40456 on or before August 1, 2016 at 11 a.m. 6x3

Notice is hereby given that Mark Freeman, 5908 Deerfield Rd., Milford Ohio 45150, has been appointed Executor of the Estate of Agnes Parnell, deceased. Any person having claims against said estate shall present them, according to law, to the said Mark Freeman or to Hon. William D. Reynolds, 140 West Main St., P.O. Box 1250 Mt. Vernon, Ky. 40456 on or before August 3, 2016 at 11 a.m. 6x3

Notice is given that Linda P. Williams has filed a Periodic Settlement of her account as guardian of Calet W. Williams, a minor. A hearing on said settlement will be held on March 9 2016 at 9:30 a.m. Any exceptions to said settlement must be filed before this

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to call." 606-308-3533. Owens Monument: Located behind Owens Funeral Home in Brodhead. Open Mon-Fri. 8 to 5 and Sat. 9 a.m. to noon. 606-

758-9600. 14xntf

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Karen K.King

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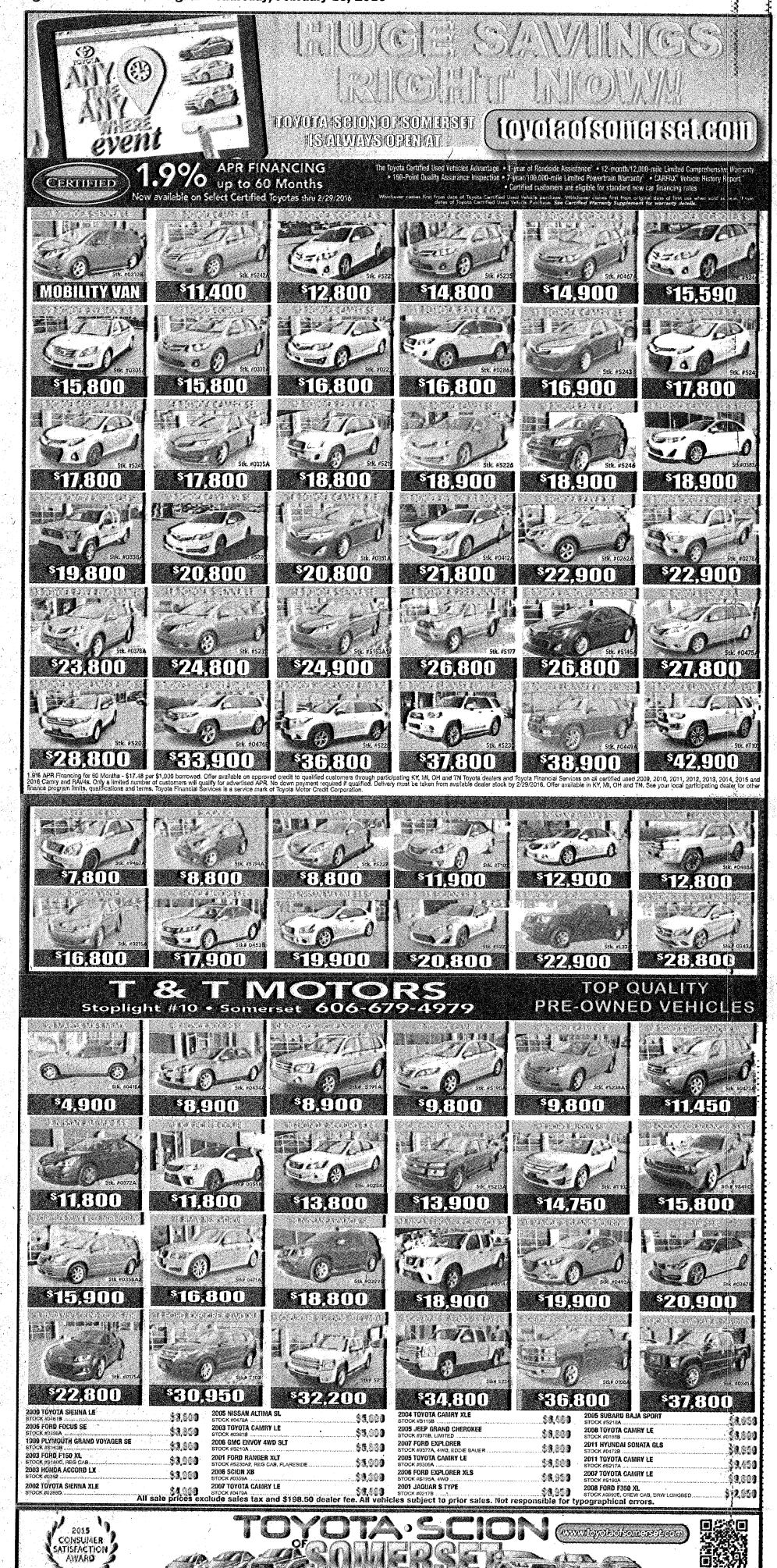
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