



"And this is a..." Pave Newton, 2nd from left, of Mt. Vernon, Etesas Dr. Claude Gentry, left identifies trees, and a pole, in the 7000 acre college forest during Berea College's 102 traditional Mountain Day activities. One day in October, since 1875, students, faculty and staff of the college leave behind books and lectures and head out to the mountains for a picnic lunch at Indian Fort Theatre. Afterwards, some hike to

Buzzard's Roost, squeeze their way through Pat Man's Misery and climb the Pinnacle, while others enjoy the singing, folkdancing and storytelling that are part of the all day celebration. Ms. Newton, a junior physical education major, is the daughter of Mr. and Mrs. Raymond Newton of Rt. 4, Mt. Vernon, and a 1975 graduate of Rockcastle County High School.

## The Week at Livingston

By Eva Black

Saturday afternoon, 16 students from Kentucky Christian College at Grayson, Kentucky, arrived in Livingston. They went out in two's and visited the homes in Livingston. Then the homes were opened up to them for their night and they were entertained.

Sunday services at Livingston Christian Church were turned over to the students. The message, brought in song by trio, duet, and group singing, was enjoyed by a full house. Afterward, all gathered downstairs where a bountiful Thanksgiving dinner was spread. The tables were decorated with two beautiful centerpieces and the walls carried out

the Thanksgiving theme. More than 100 plates were filled. The students also had full charge of the Sunday evening service. A number of visitors were present.

Mr. and Mrs. David Patton and two children of East Bernstadt and Mrs. Joyce Day and two children of Xenia, Ohio attended the services at Livingston Christian Church, Sunday.

Mr. and Mrs. C.F. Mullins visited their daughter, Miss Shannon Mullins in Danville Monday and took Shannon out for dinner.

Mrs. Betty Oliver of Berea, and Mr. Earl Minton of Lexington visited her mother, Mrs. Evelyn Blackburn, Sunday.

Mr. Ronald D. Black of the U.S. Army has returned from a year in Korea, and is spending his leave with his mother, Mrs. Eva Black.

Mr. and Mrs. Roy Scoggins visited their children, Mr. Wendell Wise and Francis in Independence, Ky. over the weekend.

The Ladies Class of the Livingston Christian Church held their regular monthly meeting Monday night. After the business session, they made plans for a Christmas bazaar to be held in December. Plan to buy your homemade Christmas gifts now.

Recent visitors of Mrs. Beulah Black were Mr. and Mrs. Bob Forbes, Miss Elizabeth Presley, and Mr. and Mrs. Anderson, all of Louisville.

Mrs. Capp Spivey and sisters, Mrs. Beatrice Cortez of Detroit, Mich. and Mrs. C.I. Mullins visited their aunt, Mrs. Mary Owens in London, Friday.

Mrs. Ed Ping and daughter, June and friend, Ann Jackson of Burlington visited Mrs. Beulah Black last Thursday night.

Weekend visitors of Mrs. Vasthi Mullins were Mr. and Mrs. Bob Pangburn and Miss Joyce Mullins of Dayton, Ohio.

Mr. and Mrs. Wayne Mullins and Mr. and Mrs. Bob Mullins of Richmond, Indiana spent the weekend with their mother, Mrs. Vasthi Mullins.

Miss Elizabeth Dickerson and friend, Ann Jackson of Dayton, Ohio visited Josephine and Francis Dickerson over the weekend.

Mr. and Mrs. J.T. Pike and Mrs. Dora Pike of Mt. Vernon visited Mrs. Vasthi Mullins, Sunday afternoon.

### "OTTANA"

(Cont. From 9)

Mr. and Mrs. Curtis Bradley visited Bro. and Mrs. Don Downing at Heidrich, Ky. Sunday.

Mrs. Christine Brown and daughter, Doris and Mrs. Rett Holt were in Somerset Friday shopping.

The shower given by Miss Janet Burton and Miss Rhonda Berry for Miss Debbie Hamm at the home of Mr. and Mrs. Owen Burton Saturday evening was well attended and lots of useful gifts were received.

Mr. and Mrs. Clangman Hamm and Della Mae Wilmott was in Somerset Friday shopping.

### Fairview

By Mrs. Hubert Chasteen

Eighty-nine persons attended Sunday School at Fairview November 13 and several more came in for worship services.

We thank Bro. Denton Sears for filling in at Fairview Saturday night in the absence of our pastor.

Rev. Ray Dean remains a patient in the Berea Hospital. He is holding his own but not showing much improvement and needs our prayers continually.

Rev. and Mrs. Howard Meadows of Hamilton, Ohio visited at the Fairview Baptist Church Sunday where Rev. Meadows conducted the worship services. They were Sunday dinner guests of Mr. and Mrs. Hubert Chasteen. In the afternoon Rev. and Mrs. Meadows and Mrs. Chasteen visited Mrs. Chasteen's brother and family, Mr. and Mrs. Tip Reppert of Scaffold Cane and Mr. and Mrs. Garfield Gabbard of Berea. Everyone at church was so good to see Rev. and Mrs. Meadows again and they were overjoyed to be here. Rev. Meadows preached at Fairview 40 years ago. We were so glad to have them in our homes and enjoyed them so much. They are such good, down to earth, friendly

people. Everyone loves them.

Rev. and Mrs. Meadows had Sunday supper with Mr. and Mrs. Buddy Gabbard and Gail Lee and Mrs. Gladys Rose. They also enjoyed a wonderful time there too.

Mr. Tip Reppert is enjoying better health now. He is able to do some work and go when he pleases. He attended church services at Fairview Sunday.

Rev. and Mrs. Wayne Harding of Macedonia and Mrs. Lonnie Reppert of Conway visited their parents, Rev. and Mrs. Ballard Rader of Dayton, Ohio Friday night and Saturday of last week. Bro. Rader is very ill and needs the prayers of all his good Christian friends here and elsewhere. He is a wonderful man and we all love him and his family. We hope and pray he will be feeling better soon.

Our deepest sympathy is extended to the families of Mrs. Oscar Seals of Berea, Charles Vaughn, son of Jesse Vaughn of Berea, Timothy Deaton of Berea and Mr. Basil Shepherd of Roundstone. Mrs. Seals died of cancer. The Vaughn and Deaton youth were killed in a car wreck near Berea and Mr. Shepherd was killed when a train hit the car in which he was a passenger. May God comfort the loved ones.

Mr. and Mrs. Eugene Alexander attended church services at Fairview Sunday night.

Mrs. Bill (Flossie) Burdine of Boone was honored with a surprise birthday dinner Sunday, Nov. 13 at her home.

The dinner was given by her children. All her children and all her grandchildren (except one) were present. They brought all the food and did all the cooking, so she did not enjoy the occasion. Others attending besides Mr. and Mrs. Burdine were Mr. and Mrs. Ray Powell and family Lexington, Mr. and Mrs. Bill Dyerling and family of Wilmore, Mr. and Mrs. Henry Burdine and family of Fort Knox (they also spent Saturday night with his parents) and Mrs. David Foynter and niece of Berea. Mrs. Burdine received some beautiful gifts but most of all, as all mothers do she enjoyed her children being home at the same time. It was an enjoyable day for everyone. Flossie, we all wish you God's blessings and many happy returns of the day.

Please remember church and Sunday School. God has blessed us with a wonderful summer and fall and now we are having cooler weather. We thank God for all the wonderful blessings of the year and for the harvest of this year and so much fruit. Most people around here are through stripping tobacco and already have it on market, and have corn picked and in the cribs. Now we are getting wood for our stoves this winter. I can't ever say enough about the good gifts and wonderful blessings of God. Tears come to my eyes as I sit here at our dining room table and write these things. I love the Lord and I love people. And to all who read this my

## Run For Your Life

By Jack Knox

How does it feel to get up at 7:00 in the morning every Friday and go to the track to run a mile?

You may be surprised to know that many Cumberland College students think it's great. And the reason they do is due to a new physical education program on campus called "Run For Your Life."

It is an easy train-not-strain jogging program that gives those of us who lack the discipline to keep running the incentive to do so. The goal of the program is not to produce a class of Jim Ryans, the former world record holder in the mile, but to help the average person improve his physical condition. The program was initiated by the U.S. Army and it is sponsored at Cumberland College by the Military Science Department (ROTC) through the office of Dr. O.J. Heby, head of Cumberland's physical education department.

"Run For Your Life" is open to all cadets enrolled in ROTC and is mandatory for the advance course cadets as a conditioning phase for summer camp and their branch schools.

Aside from a grade, the student also receives a patch and a certificate from the Army for successful completion of the course.

"It's a great program and really helps the student know himself," says Cadet 1st Lieutenant Ed Seals. "I didn't think I could ever run as far as I do now or as easily."

wish for you is the very best in life and God's blessings as long as you live, and most of all I hope you are ready to meet God when he calls. Love and prayers to everyone of you.

### Poetry Corner

THE TEST  
By Grace Nell Crowell

We cannot understand why he delays. So often in his coming to our door. But oh, recall, he tarried twice and Lazarus died.

he knew the great joy they bore. And then he came and all was well again. And he came to us as he came to them.

Often he allows our fragile boats. To be dashed sadly on a stormy sea. But O dear hearts, be certain that he notes.

Our terror and our toil, and surely he will move.



RUN FOR YOUR LIFE—Jeff Saylor, of Mt. Vernon, crosses the finish line as a participant in the new train-not-strain jogging program began this semester at Cumberland College. The Run For Your Life Program is a joint effort between the school's ROTC and physical education department.

Through the dark waters and speak peace. He bids us trust him for the storm to cease.

And oh, the long unanswered prayers. We wait, we hope, we lead, too often we despair.

And all the while our prayers accumulate, within his loving heart. He holds them there, testing our faith. Then, certain as the sun, in his own way, he answers every one.

Sent in by Vallie Burton

### STRETCHING YOUR FOOD DOLLAR

Don't take home a package of "soft" frozen milk or poultry from the store. It should be "hard as a rock," says extension food specialists with UK's College of Agriculture. To insure no loss of quality, tuck it into your freezer as soon as you get home, or allow it to thaw in the refrigerator, never out on the counter at room temperature.

## TO THE VOTERS OF ROCKCASTLE COUNTY

Thank you for your vote and support on November 8.

We are proud to have been your choice and we will uphold this office to the best of our ability.

Henry Lee Abney  
Raymond "Jughead" Ballinger  
Fred Abney

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